

BEHAVIORAL RISK FACTOR SURVEY - 1988 CALIFORNIA

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Question 1 column(s)

How often do you USE SEATBELTS when you drive or ride in a car?  
Would you say always, nearly always, sometimes, seldom, or never?!

SEATBELT

- 1. Always
- 2. Nearly Always
- 3. Sometimes
- 4. Seldom
- 5. Never

- 8. Never ride in a car
- 7. Don't Know / Not Sure
- 9. Not Ascertained / Refused

\*\*\*\*\*

Question 2 column(s)

These next few questions are about HYPERTENSION or High Blood Pressure.  
Have you ever been told by a doctor, nurse, or other health health professional that you have high blood pressure?

BPHIGH

(PROBE FOR DOCTOR, NURSE, OR OTHER HEALTH PROFESSIONAL)

- 1. No ( skip to q 7 )
- 2. Yes, by a Doctor
- 3. Yes, by a Nurse
- 4. Yes, by other Health Professional
- 7. Don't Know / Not Sure ( skip to q 7 )
- 9. Not Ascertained / Refused ( skip to q 7 )

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Question 3 column(s)

Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once?

#164671

- 1. More than once
- 2. Only once

---

- 7. Don't Know / Not Sure
- 9. Not Ascertained / Refused
- ^. Inap

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Question 4 column(s)

Is any medicine currently prescribed for your high blood pressure?

BPTREAT

- 1. Yes
- 2. No ( skip to q 6 )

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- 7. Don't Know / Not Sure ( skip to q 6 )
- 9. Not Ascertained / Refused ( skip to q 6 )
- ^. Inap

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Question 5 column(s)

Are you currently taking medicine for your high blood pressure?

USETREAT

(PROBE FOR 'ALL OR MOST OF THE TIME' OR 'ONLY OCCASIONALLY' IF NECESSARY. IF ANSWER IS 'YES' USE 'YES, ALL OR MOST OF THE TIME')

- 1. Yes, all or most of the time

2. Yes, only occasionally

3. No

( \_\_\_\_\_ )

7. Don't Know / Not Sure

9. Not Ascertained / Refused

^. Inap

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Question 6 column(s)

As far as you know, is your blood pressure presently normal or under control -- or is it still high?

BPUPNOW

NOTE: Normal or Under Control includes 'returned to normal' and 'no longer have high blood pressure')

1. Normal

2. Under Control

( Still High )

7. Don't Know / Not Sure

9. Not Ascertained / Refused

^. Inap

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Question 7 column(s)

The next few questions are about exercise, recreation, or physical activities OTHER THAN your REGULAR JOB duties. During the past MONTH, did you participate in any PHYSICAL ACTIVITIES or EXERCISE such as running, calisthenics, golf, gardening or walking for exercise?

EXEPAN4

1. Yes

( No ( skip to q 17 ) )

7. Don't Know / Not Sure ( skip to q 17 )

9. Not Ascertained / Refused ( skip to q 17 )

\*\*\*\*\*

Question 8 column(s)-

What type of physical activity or exercise did you spend the most time doing during the past MONTH?

EXTRACT 1

- 1. Jog
- 6. Aerobics ( skip to q 10 )
- 2. Run
- 7. Bicycling ( skip to q 10 )
- 3. Swim
- 8. Gardening ( skip to q 10 )
- 4. Walk
- 9. Golfing ( skip to q 10 )
- 5. [Other (specify)\_\_\_\_\_
- ^ . Inap
- r. Refused ( skip to q 12 )

\*\*\*\*\*

Question 8a column(s)-  
Remote branch on previous answer '#'

! =\*/# =8 /> =\*/

- \$. (do more '\*' processing)
- >. (do more '\*' processing)
- ^ . Inap

A source is from 8

\*\*\*\*\*

Question 8a a column(s)-  
2|3|4|5 ? jogging|5 ? running|5 ? swimming|5 ? walking|5 ?

- 0. ( skip to q 10 )
- 1-8
- 9. ( skip to q 8 )
- >. ( skip to q 10 )
- ^ . Inap

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Question 9 column(s)-

How far did you usually {8a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG|6|7|SWIM|8|WALK}? !

EXAMPLE: one half mile is coded as 0.5  
1 mile is coded as 1.0

EXERDIS 1

Enter distance

00. to enter < 1 mile ( skip to q 10 )

^. Inap

d. Don't Know/ Not Sure ( skip to q 10 )

r. Refused ( skip to q 10 )

00. ( skip to q 10 )

01-08 ( skip to q 10 )

09-20

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Question 9a column(s)  
3. JOG|2|RUN|3|SWIM|4|WALK|5|JOG|6|RUN|7|SWIM|8|WALK|S {9} miles,  
Interviewer: [Is that CORRECT?

c. Correct  
- need to reenter

^. Inap

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Question 10 column(s)-  
INTERVIEWER: if '5 ?' is flashing and activity  
NOT present, please GO BACK and RE-ENTER activity

How many times per WEEK or per MONTH did you take part  
in this activity during the past month ?

EXEROFT 1

WEEKLY range,- 101-121 = 1 to 21 times a week OR

MONTHLY range,- 201-263 = 1 to 63 times a month

Enter # times below ...

007. Don't Know / Not Sure ( skip to q 11 )

009. Not Ascertained / Refused ( skip to q 11 )

^. Inap  
007. ( skip to q 11 )  
009. ( skip to q 11 )  
101-107 ( skip to q 11 )  
108-121  
201-220 ( skip to q 11 )  
221-263

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Question 10a                    column(s)  
INTERVIEWER:  
10), [is this CORRECT?

\_\_\_\_\_

c. Correct  
- need to reenter

\_\_\_\_\_

^. Inap

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Question 11                    column(s)-

\_\_\_\_\_ !  
And when you took part in this activity, for how many !  
minutes or hours did you usually keep at it? !  
\_\_\_\_\_ !

*EXERCISE 1*

EXAMPLE: for 30 MINUTES ENTER 30  
          for AN HOUR AND 30 MINUTES ENTER 130)

\_\_\_\_\_ ENTER HOURS/MINUTES OR MINUTES ONLY  
\_\_\_\_\_

d. Don't Know / Not Sure ( skip to q 12 )

r. Refused ( skip to q 12 )  
001-059 ( skip to q 12 )  
100-530 ( skip to q 12 )  
531-959  
^. Inap

\*\*\*\*\*

Question 11a                    column(s)  
INTERVIEWER:  
11), [is this correct?

\_\_\_\_\_

c. Correct  
- need to reenter

\_\_\_\_\_

^. Inap

\*\*\*\*\*

Question 12 column(s)

Was there another physical activity or exercise that you participated in during the last month?

EXEROTH 2

- 1. Yes
- 2. No ( skip to q 17 )
- 7. Don't Know / Not Sure ( skip to q 17 )
- 9. Not Ascertained / Refused ( skip to q 17 )
- ^. Inap

\*\*\*\*\*

Question 13 column(s)-

What other type of physical activity gave you the next most exercise during the past MONTH?

EXERACT 2

- 1. Jog
- 6. Aerobics ( skip to q 15 )
- 2. Run
- 7. Bicycling ( skip to q 15 )
- 3. Swim
- 8. Gardening ( skip to q 15 )
- 4. Walk
- 9. Golfing ( skip to q 15 )
- 5. [Other (specify)\_\_\_\_\_
- ^. Inap
- r. Refused ( skip to q 17 )

\*\*\*\*\*

Question 13a column(s)-  
branch on previous answer '#='

=#/# =13 /> =#/  
\$.

- \$. (do more '\*' processing)
- >. (do more '\*' processing)
- ^. Inap

ATA source is from 13

\*\*\*\*\*

Question 13a\_a column(s)-  
1\_|3|4|5 ? jogging|5 ? running|5 ? swimming|5 ? walking|5 ?

- 0. ( skip to q 15 )
- 1-8
- 9. ( skip to q 13 )
- >. ( skip to q 15 )
- ^. Inap

\*\*\*\*\*

Question 14 column(s)-  
 \_\_\_\_\_!  
 How far did you usually {13a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG\  
 5|RUN|7|SWIM|8|WALK}?!

EVERDIS 2

EXAMPLE: one half mile is coded as 0.5  
 1 mile is coded as 1.0

\_\_\_\_ Enter distance

- 00. to enter < 1 mile ( skip to q 15 )
- ^. Inap

---

- d. Don't Know/ Not Sure ( skip to q 15 )
- r. Refused ( skip to q 15 )
- 00. ( skip to q 15 )
- 01-08 ( skip to q 15 )
- 09-20

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Question 14a column(s)  
 13a|1|JOG|2|RUN|3|SWIM|4|WALK|5|JOG|6|RUN|7|SWIM|8|WALK)S (14) miles,  
 Interviewer: [Is that CORRECT?

\_\_\_\_\_  
 c. Correct  
 - need to reenter

^. Inap

\*\*\*\*\*

Question 15 column(s)-  
 INTERVIEWER: '[5m(13)', if '5 ?' is flashing and activity  
 is NOT present, please GO BACK and RE-ENTER activity



! \_\_\_\_\_!  
! How many times per WEEK or per MONTH did you take part !  
! this activity ? !  
! \_\_\_\_\_!

EVEROFT2

WEEKLY range,- 101-121 = 1 to 21 times a week OR  
MONTHLY range,- 201-263 = 1 to 63 times a month

Enter # times below ...  
\_\_\_\_\_

007. Don't Know / Not Sure ( skip to q 16 )

009. Not Ascertained / Refused ( skip to q 16 )

^. Inap

007. ( skip to q 16 )

009. ( skip to q 16 )

101-107 ( skip to q 16 )

108-121

201-220 ( skip to q 16 )

221-263

\*\*\*\*\*

Question 15a column(s)

VIEWER:

( [is this CORRECT?

c. Correct

- need to reenter

^. Inap

\*\*\*\*\*

Question 16 column(s)-

And when you took part in this activity, for how many  
minutes or hours did you usually keep at it?  
! \_\_\_\_\_!

EVERHMM2

EXAMPLE: for 30 MINUTES ENTER 30  
for AN HOUR AND A HALF ENTER 130)

\_\_\_\_\_ ENTER HOURS/MINUTES OR MINUTES ONLY  
\_\_\_\_\_

( Don't Know / Not Sure ( skip to q 17 )

r. Refused ( skip to q 17 )

001-059 ( skip to q 17 )

100-530 ( skip to q 17 )

531-959

^. Inap

\*\*\*\*\*

Question 16a column(s)

INTERVIEWER:

[5] hours and minutes, [is this correct?

c. Correct

- need to reenter

^. Inap

\*\*\*\*\*

Question 17 column(s) - 43

About how much do you WEIGH without shoes? !

WEIGHT

ROUND UP IF NECESSARY WHEN ENTERING NUMBER OF POUNDS)

ENTER WEIGHT IN WHOLE POUNDS

- 007. Don't Know ( skip to q 18 )
- 009. Refused ( skip to q 18 )
- 007. ( skip to q 18 )
- 009. ( skip to q 18 )
- 050-079
- 080-300 ( skip to q 18 )
- 301-349 ( skip to q 18 )
- 350-600

\*\*\*\*\*

Question 17a column(s)

INTERVIEWER:

Person weighs {17} POUNDS, [is this correct?

c. Correct

- need to reenter

^. Inap

\*\*\*\*\*

Question 18 column(s) - 44.66

About HOW TALL are you without shoes? !

HEIGHT

(EXAMPLE: 5 FEET 11 INCHES --ENTER 511)

\_\_\_\_ ENTER NUMBER OF FEET AND INCHES  
\_\_\_\_\_

007. Don't Know / Not Sure ( skip to q 19 )

009. Refused ( skip to q 19 )

007. ( skip to q 19 )

009. ( skip to q 19 )

205-311

400-411 ( skip to q 19 )

500-511 ( skip to q 19 )

600-608 ( skip to q 19 )

609-611

700-805

\*\*\*\*\*

Question 18a column(s)

INTERVIEWER:

Person's HEIGHT is {18}, [is that correct?

          
c. Correct

- need to reenter

          
Inap

\*\*\*\*\*

Question 19 column(s) 67

Are you now TRYING to LOSE WEIGHT? !

LOSEWT

1. Yes

2. No ( skip to q 22 )

          
9. Refused ( skip to q 22 )

\*\*\*\*\*

Question 20 column(s) 68

Are you eating fewer calories to lose weight? !

FEWCAL

1. Yes

2. No

\_\_\_\_\_

7. Don't Know / Not Sure

9. Not ascertained / Refused

^. Inap

\*\*\*\*\*

Question 21 column(s) 69

Have you increased your physical activity to lose weight? !

\* PAYACT

1. Yes

2. No

\_\_\_\_\_

7. Don't Know / Not Sure

9. Not ascertained / Refused

^. Inap

\*\*\*\*\*

Question 22 column(s) 70

How often do you usually ADD SALT to your food at the table? !  
Would you say most of the time, sometimes, rarely or never? !

ADDSALT

1. Most of the Time

2. Sometimes

3. Rarely

4. Never

\_\_\_\_\_

7. Don't Know / Not Sure

9. Not Ascertained / Refused

\*\*\*\*\*

Question 23 column(s) 71

\_\_\_\_\_!

! Overall, would you say your diet is high, medium, or low in FIBER? !  
!-----!

- 1. High
  - 2. Medium
  - 3. Low
- 

FIBER

- 7. Don't Know / Not Sure
- 9. Not Ascertained / Refused

\*\*\*\*\*

Question 24                      column(s) 72

!-----!  
Overall, would you say your diet is high, medium, or low in FAT ?!  
!-----!

- 1. High
  - 2. Medium
  - 3. Low
- 

FAT

- 7. Don't Know / Not Sure
- 9. Not Ascertained / Refused

\*\*\*\*\*

Question 25                      column(s) 73

!-----!  
Now, I would like to ask you a few questions about TOBACCO PRODUCTS. !  
Have you smoked at least 100 cigarettes in your entire life? !  
!-----!

100 CIGARETTES = 5 PACKS)

- 1. Yes
  - No ( skip to q 29 )
- 

SMOKE100

- 7. Don't Know / Not Sure ( skip to q 29 )
- 9. Not Ascertained / Refused ( skip to q 29 )

\*\*\*\*\*

Question 26 column(s) 74  
!-----!  
Do you smoke cigarettes NOW? !  
!-----!

SMOKE NOW

- 1. Yes
- 2. No ( skip to q 29 )  
\_\_\_\_\_
- 9. Refused ( skip to q 29 )
- ^. Inap

\*\*\*\*\*

Question 27 column(s) 75-76

!-----!  
On the AVERAGE, about how many cigarettes a DAY do you now smoke? !  
!-----!

EXAMPLE: FOR 1 PACK OF CIGARETTES -ENTER 20)

SMOKENUM

\_\_\_\_ ENTER NUMBER OF CIGARETTES  
\_\_\_\_\_

- 87. Don't Smoke Regularly
- 99. Refused
- ^. Inap
- 01-86
- 87.
- 99.

\*\*\*\*\*

Question 28 column(s) 77

!-----!  
Have you stopped smoking for a week or more  
sometime during the past YEAR? !  
!-----!

SMOKQUIT

- 1. Yes
- 2. No  
\_\_\_\_\_

- 9. Refused
- ^ Inap

\*\*\*\*\*

Question 29 column(s) 78

Have you ever used or tried any SMOKELESS TOBACCO products such as chewing tobacco or snuff?

PROBE FOR CHEWING TOBACCO, SNUFF, OR BOTH

USE EVER 2

- 1. Yes, chewing tobacco
- 2. Yes, snuff
- 3. Yes, both
- 4. No, neither ( skip to q 31 )
- 7. Don't Know / Not Sure ( skip to q 31 )
- 9. Not Ascertained / Refused ( skip to q 31 )

\*\*\*\*\*

Question 30 column(s) 79

Do you currently use any smokeless tobacco products such as chewing tobacco or snuff?

PROBE FOR CHEWING TOBACCO, SNUFF, OR BOTH  
YES" includes occasional use

USE NOW 2

- 1. Yes, chewing tobacco
- 2. Yes, snuff
- 3. Yes, both
- 4. No, neither
- 7. Don't Know / Not Sure
- Not Ascertained / Refused
- ^ Inap

\*\*\*\*\*

Question 31 column(s) 80

These next few questions are about the use of beer, wine, or liquor - all kinds of ALCOHOLIC BEVERAGES that people drink at meals, special occasions, or when just relaxing. Have you had any beer, wine or liquor during the past MONTH, what is since (GIVE DATE)?

DRINKANY

- 1. Yes
- 2. No ( skip to q 40 )

---

- 9. Refused ( skip to q 40 )

\*\*\*\*\*

Question 32 column(s)- 61-63  
During the past MONTH how many days per WEEK or per MONTH did you drink any BEER?

DRKBEER

Weekly range,- 101-107 = 1 to 7 days a week OR  
Monthly range,- 201-231 = 1 to 31 days a month

1xx to enter days per week.  
2xx to enter days per month

- 006. Never ( skip to q 34 )
- 007. Don't Know / Not Sure ( skip to q 34 )
- 009. Not Ascertained / Refused ( skip to q 34 )
- ^. Inap
- 006. ( skip to q 34 )
- 007. ( skip to q 34 )
- 009. ( skip to q 34 )
- 101-107 ( skip to q 33 )
- 201-230 ( skip to q 33 )
- 231.

\*\*\*\*\*

Question 32a column(s)  
INTERVIEWER:  
2), [is this CORRECT?

c. Correct  
- need to reenter



^. Inap

\*\*\*\*\*

Question 33 column(s) - 84-85

On the DAYS when you drank BEER, about how many BEERS did you drink on the AVERAGE?

NBEEROC

ENTER NUMBER OF DRINKS

d. Don't Know ( skip to q 34 )

r. Refused ( skip to q 34 )

01-12 ( skip to q 34 )

13-60

^. Inap

\*\*\*\*\*

Question 33a column(s)

INTERVIEWER:

{33} BEERS, [is this correct?

c. Correct

- need to reenter

^. Inap

\*\*\*\*\*

Question 34 column(s) - 86-86

Also, during the past month, how many DAYS per week or per month did you drink any wine ?

DRKWINE

Weekly range, - 101-107 = 1 to 7 days a week OR

Monthly range, - 201-231 = 1 to 31 days a month

1xx to enter days per week

2xx to enter days per month

006. Never ( skip to q 36 )

007. Don't Know / Not Sure ( skip to q 36 )

009. Not Ascertained / Refused ( skip to q 36 )

^. Inap

006. ( skip to q 36 )

007. ( skip to q 36 )  
009. ( skip to q 36 )  
101-107 ( skip to q 35 )  
201-230 ( skip to q 35 )  
231.

\*\*\*\*\*

Question 34a column(s)

INTERVIEWER:

34), [is this CORRECT?

c. Correct  
- need to reenter

^. Inap

\*\*\*\*\*

Question 35 column(s) - 89-90

On the DAYS when you drank WINE, about how many glasses of WINE did you drink on the AVERAGE?

N WINE OCC

ENTER NUMBER OF DRINKS

d. Don't Know ( skip to q 36 )

r. Refused ( skip to q 36 )

01-12 ( skip to q 36 )

13-60

^. Inap

\*\*\*\*\*

Question 35a column(s)

INTERVIEWER:

(35) Glasses of WINE, [is this correct?

c. Correct  
- need to reenter

^. Inap

\*\*\*\*\*

Question 36 column(s) - 91-93

And, during the past month, about how many DAYS per week or per month did you have any liquor to drink, such as vodka, gin, rum or whiskey?

DRK LIQR

WEEKLY range,- 101-107 = 1 to 7 days a week. OR  
MONTHLY range,- 201-231 = 1 to 31 days a month

1xx to enter days per week  
2xx to enter days per month

006. Never ( skip to q 38 )

007. Don't Know / Not Sure ( skip to q 38 )

009. Not Ascertained / Refused ( skip to q 38 )

^. Inap

006. ( skip to q 38 )

007. ( skip to q 38 )

009. ( skip to q 38 )

101-107 ( skip to q 37 )

201-230 ( skip to q 37 )

231.

\*\*\*\*\*

Question 36a column(s)

INTERVIEWER:

{3 [is this CORRECT?

c. Correct

- need to reenter

^. Inap

\*\*\*\*\*

Question 37 column(s)- 94-95

On the DAYS when you drank any LIQUOR, about how many DRINKS  
did you have on the AVERAGE?

NUOROCC

ENTER NUMBER OF DRINKS

d. Don't Know ( skip to q 38 )

Refused ( skip to q 38 )

12 ( skip to q 38 )

13-60

^. Inap

\*\*\*\*\*

Question 37a column(s)  
INTERVIEWER:  
(37) DRINKS of Liquor, [is this correct?

c. Correct  
- need to reenter

^. Inap

\*\*\*\*\*

Question 38 column(s) - 96-97

Considering all types of alcoholic beverages, that is beer, wine, and liquor, as drinks, how many times during the past MONTH did you have 5 or more drinks on an occasion?

DRINKGE5

ENTER NUMBER OF TIMES

00. None

77. Don't Know ( skip to q 39 )

99. Refused ( skip to q 39 )

^. Inap

00-12 ( skip to q 39 )

13-60

77. ( skip to q 39 )

99. ( skip to q 39 )

\*\*\*\*\*

Question 38a column(s)  
INTERVIEWER:  
(38) TIMES, [is this correct?

c. Correct  
- need to reenter

^. Inap

\*\*\*\*\*

Question 39 column(s) - 98-99

And during the past MONTH, how many times have you driven when you've had perhaps too much to drink ?

DRINKDRI

ENTER NUMBER OF TIMES

00. None

77. Don't Know ( skip to q 40 )

99. Refused ( skip to q 40 )

^ . Inap

00-12 ( skip to q 40 )

13-60

77. ( skip to q 40 )

99. ( skip to q 40 )

\*\*\*\*\*

Question 39a column(s)

INTERVIEWER:

{39} TIMES, [is this correct?

c. Correct

- need to reenter

Inap

\*\*\*\*\*

Question 40 column(s) /00

Some people visit a doctor for a routine checkup, even though they are feeling well and have not been sick. About how long has it been since you last visited a doctor for a ROUTINE CHECKUP? Was it within the past year ? the past two years, the past 5 years or more than 5 years ago?

CHECKUP

1. Within the past year ...(0 - 12 mos)

2. " the past 2 years...(13 -24 mos)

3. " the past 5 years...(25 -60 mos)

4. > 5 years ago ...(61 + mos)

Never

7. Don't Know / Not Sure

9. Not Ascertained / Refused

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Question 41 column(s) 101

These next questions are about BLOOD CHOLESTEROL --which is a fatty substance found in the blood.  
Have you ever had your blood cholesterol checked?

~~CHOLESTEROL~~

BLOODCHOL

- 1. Yes
- 2. No ( skip to q 48 )

---

- 7. Don't know/Not sure ( skip to q 48 )
- 9. Refused ( skip to q 48 )

\*\*\*\*\*

Question 42 column(s) 102

ABOUT how long has it been since you last had your blood cholesterol checked? Was it within the past year, within the past 2 years, within the past 5 years or more than 5 years ago?

CHOLCHOL

- 1. Within the past year...(0 - 12 mos)
- 2. " the past 2 years...(13 -24 mos)
- 3. " the past 5 years...(25 -60 mos)
- 4. > 5 years ago ... (61 + mos)

---

- 7. Don't Know/Not Sure
- 9. Refused
- ^ Inap

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Question 43 column(s) 103

Have you ever been told your blood cholesterol level, in numbers?

TOLDLEV

- 1. Yes
- 2. No ( skip to q 45 )
- ( \_\_\_\_\_ )
- 7. Don't know/Not sure ( skip to q 45 )
- 9. Refused ( skip to q 45 )
- ^. Inap

\*\*\*\*\*

Question 44                      column(s) - 104-106  
 \_\_\_\_\_!  
 What is your blood cholesterol level ?!  
 \_\_\_\_\_!

LEVEL

\_\_\_ Record the number

- d. Don't Know/Not Sure
- r. Refused
- 050-700
- ^. Inap

( \*\*\*\*\* )

Question 45                      column(s) 107  
 \_\_\_\_\_!  
 Have you ever been told by a doctor or other health professional  
 that your blood cholesterol is high ?  
 \_\_\_\_\_!

TOLDHI

- 1. Yes
- 2. No
- ( \_\_\_\_\_ )
- 7. Don't know/Not sure
- 9. Refused
- ^. Inap

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46                      column(s) 108  
 \_\_\_\_\_!  
 Are you now under the advice of a doctor to reduce your  
 cholesterol? or blood fat level ?  
 \_\_\_\_\_!

REDHOL

- 1. Yes
  - 2. No ( skip to q 48 )
- 

7. Don't know/Not sure ( skip to q 48 )

9. Refused ( skip to q 48 )

^. Inap

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Question 47a                    column(s) 109

! \_\_\_\_\_!  
! Did the doctor prescribe a medication to lower your  
! blood cholesterol ?  
! \_\_\_\_\_!

CHOLMED

1. Yes

2. No

---

7. Don't know/Not sure

9. Refused

^. Inap

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Question 47b                    column(s) 110

! \_\_\_\_\_!  
! Did the doctor . . .  
! recommend a LOW FAT or LOW CHOLESTEROL diet ?  
! \_\_\_\_\_!

CHOLDIET

1. Yes

2. No

---

7. Don't know/Not sure

9. Refused

^. Inap

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Question 47c                    column(s) 111



Did the doctor . . . refer you to a dietitian, nutritionist, or nurse help you reduce the fat or cholesterol in your diet ?

CHOLHELP

1. Yes

2. No

7. Don't know/Not sure

9. Refused

^. Inap

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Question 48 column(s) 112

Next, I'd like to ask you about diabetes, sometimes called sugar diabetes. Have you ever been told by a doctor that you have diabetes ?

~~DIABETES~~

~~DIABETE~~

DIABCOPE

1. Yes

2. No

7. Don't know/Not sure

9. Refused

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Question 49 column(s) 113

Next I'd like to ask you about getting your BLOOD PRESSURE checked. About how long has it been since you last had your blood pressure taken by a doctor or other health professional ? Was it within the past year ? the past two years, the past 5 years or more than 5 years ago?

BPCHECK

1. Within the past year ... (0 - 12 mos)

2. " the past 2 years... (13 -24 mos)

3. " the past 5 years... (25 -60 mos)

4. > 5 years ago ... (61 + mos)

8. Never ( skip to q 52 )

7. Don't Know / Not Sure ( skip to q 52 )

9. Not Ascertained / Refused ( skip to q 52 )

\*\*\*\*\*

Question 50 column(s) 114

Blood pressure is usually given as one number over another.  
Were you told what your blood pressure was in numbers ?

BPTOLD

1. Yes

2. No ( skip to q 52 )

7. Don't know/Not sure ( skip to q 52 )

9. Refused ( skip to q 52 )

^. Inap

\*\*\*\*\*

Question 50a column(s) 115-120

What was your blood pressure, in numbers ?

BPLEVEL

Ex. 136 over 90, is entered as 136/90  
90 over 70, is entered as 90/70

----- Enter BP  
\_\_\_\_\_

7. Don't know/Not sure ( skip to q 52 )

9. Refused ( skip to q 52 )

^. Inap

\$. ( skip to q 52 )

\*\*\*\*\*

Question 50b column(s)  
note branch on previous answer '#'

- 1.
- 2.
- .
- .
- 7. ( skip to q 999c )
- 8. ( skip to q 999c )
- 9. ( skip to q 999c )
- ^. Inap

DATA source is from 49

\*\*\*\*\*

Question 50c column(s)  
 remote branch on previous answer '#='

- 1.
- >. ( skip to q 999c )
- ^. Inap

DATA source is from 50

\*\*\*\*\*

Question 51 column(s)-

INTERVIEWER, please recode this entry: "(50a)!"

( code must be entered as a 6 digit number.  
 Please include leading zeroes where appropriate  
 (ex.) 120/76 = 120076, 90/70 = 090070

7(don't know) = 777777  
 9(refused) = 999999

----- Enter BP

777777. Don't know/Not sure

999999. Refused

- ^. Inap
- \$. ( skip to q 999c )

\*\*\*\*\*

Question 52 column(s)- 121-122

---

These next few questions ask for a little !  
 more information about yourself. !  
 How OLD were you on your last birthday? !

---

AGE

\_\_\_\_\_ ENTER CURRENT AGE IN YEARS

07. Don't Know

09. Refused

^. Inap

07.

09.

18-99

\*\*\*\*\*

Question 53

column(s) 123

[What is your RACE?  
Would you say White, Black, Asian or Pacific Islander, or  
Aleutian, Eskimo or American Indian?

RACE

1. White

2. Black

3. Asian or Pacific Islander —————> Black

4. Aleutian, Eskimo or American Indian

5. Other

7. Don't Know / Not Sure

9. Not Ascertained / Refused

^. Inap

\*\*\*\*\*

Question 54

column(s) 124

Are you of HISPANIC ORIGIN such as Mexican American,  
Latin American, Puerto Rican or Cuban?

HISPANIC

1. Yes > use 4 categories

2. No

7. Don't know/Not sure

9. Refused

^. Inap

\*\*\*\*\*

Question 55

column(s) 125

What is the HIGHEST GRADE OR YEAR OF SCHOOL you completed? !

ETJUCA

- 1. Eighth Grade or Less
- 2. Some High School
- 3. High School Grad or GED Certificate
- 4. Some Technical School
- 5. Technical School Graduate
- 6. Some College
- 7. College Graduate
- 8. Post Grad or Professional Degree

Don't Know / Refused

Inap

\*\*\*\*\*

Question 56

column(s) 126

Are you CURRENTLY employed for wages, self-employed, out of work for more than 1 year, out of work for less than 1 year, homemaker, student, or retired? !

EMPLOY

- 1. Employed for Wages
- 2. Self-Employed
- 3. Out of Work for MORE than 1 Year
- 4. Out of Work for LESS than 1 Year
- 5. Homemaker
- 6. Student
- 7. Retired

- 9. Don't Know / Refused
- ^. Inap

\*\*\*\*\*

Question 57 column(s) 127

And are you married, divorced, widowed, separated, never married, or a member of an unmarried couple?

MARITAL

- 1. Married
- 2. Divorced
- 3. Widowed
- 4. Separated
- 5. Never Been Married
- 6. Member of an Unmarried Couple

- 9. Not Ascertained / Refused
- ^. Inap

\*\*\*\*\*

Question 58 column(s) 129

Which of the following categories best describes your annual HOUSEHOLD INCOME from all sources: less than \$10,000, 10 to \$15,000, 15 to \$20,000, 20 to \$25,000, 25 to \$35,000, 35 to \$50,000 or over \$50,000?

INCOME

- 1. Less than \$10,000
- 2. \$10,000 to \$14,999
- 3. \$15,000 to \$19,999
- 4. \$20,000 to \$24,999
- 5. \$25,000 to \$34,999
- 6. \$35,000 to \$50,000
- 8. Over \$50,000

7. Don't Know / Not Sure

9. Not Ascertained / Refused

^. Inap

\*\*\*\*\*

Question 59 column(s) 129  
!-----!  
! INDICATE SEX OF RESPONDENT !  
!-----!

SEX

1. Male ( skip to q 63 )

2. Female

^. Inap

\*\*\*\*\*

Question 59a column(s)-  
remote branch on previous answer '#'

18-45

>. ( skip to q 63 )

^. Inap

source is from 52

\*\*\*\*\*

Question 60 column(s) 130  
!-----!  
To your knowledge, are you now PREGNANT? !  
!-----!

PREGNANT

1. Yes

2. No ( skip to q 62 )

7. Don't know/Not sure ( skip to q 62 )

9. Refused ( skip to q 62 )

^. Inap

\*\*\*\*\*

61 column(s)- 131-132  
!-----!  
During what month is your BABY due ?!  
!-----!

MONTH DUE

- 01. January
- 07. July
- 02. February
- 08. August
- 03. March
- 09. September
- 04. April
- 10. October
- 05. May
- 11. November
- 06. June
- 12. December

77. Don't Know / Not Sure ( skip to q 63 )

99. Refused ( skip to q 63 )

^. Inap

01-12 ( skip to q 63 )

77. ( skip to q 63 )

99. ( skip to q 63 )

\*\*\*\*\*

Question 62                      column(s)      133

---

Are you currently taking BIRTH CONTROL PILLS? !

---

BCPILLS

1. Yes

2. No

7. Don't know/Not sure

9. Refused

^. Inap

\*\*\*\*\*

Question 63                      column(s)

---

How many telephone numbers will reach this household !  
 INCLUDING the number I used today? !

---

NUM PHONS

DIFFERENTIATE BETWEEN TELEPHONE NUMBERS AND  
 TELEPHONE SETS IF NECESSARY.)



- ( . only one ( skip to q 63b )
- 2. two different numbers ( skip to q 63b )
- 3. three different numbers ( skip to q 63b )
- 4. four different numbers
- 5. five different numbers

- 9. refused to verify ( skip to q 63b )
- ^ . Inap
- 6.

\*\*\*\*\*

Question 63a                      column(s)  
 INTERVIEWER:  
 63) DIFFERENT telephone numbers, [is that correct?

- ( . Correct
- need to reenter
- ^ . Inap

\*\*\*\*\*

Question 63b                      column(s)-  
 \_\_\_\_\_!  
 What COUNTY do you live in ? !  
 \_\_\_\_\_!

*Plains*

*COUNTY*

\_\_\_\_\_ Enter NAME BELOW

- d. Don't Know / Not Sure ( skip to q 64a )
- r. Not Ascertained / Refused ( skip to q 64a )
- \$. ( skip to q 64a )
- ^ . Inap

\*\*\*\*\*

( 1 64                      column(s)-

The respondent lives in [5m(63b) COUNTY.

INTERVIEWER: Please refer to the COUNTY CODE SHEET  
 to re-code this response.

d = 777 / r = 999

If you cannot enter a code, please flag this question for your Supervisor (question 999c)!

\_\_\_\_\_ Enter COUNTY CODE BELOW  
\_\_\_\_\_

777. Don't Know / Not Sure ( skip to q 50b )

999. Not Ascertained / Refused ( skip to q 50b )

^. Inap

001-776 ( skip to q 50b )

777. ( skip to q 50b )

999. ( skip to q 50b )

\*\*\*\*\*

Question 64a column(s)  
remote branch on previous answer '#'

1. ( skip to q 70a )

2.

>. ( skip to q 70a )

^. Inap

source is from 59

\*\*\*\*\*

Question 65 column(s)

These next questions are about mammograms, which are xray test of the breast to look for cancer.  
Have you ever heard of a MAMMOGRAM ?

MAMMO

(1.) Yes

2. No ( skip to q 69 )

7. Don't Know/Not Sure ( skip to q 69 )

9. Refused ( skip to q 69 )

^. Inap

\*\*\*\*\*

Question 66 column(s)

Have you ever had a MAMMOGRAM ?!

HAD MAM

1. Yes

2. No ( skip to q 69 )

7. Don't Know/Not Sure ( skip to q 69 )

9. Refused ( skip to q 69 )

^. Inap

\*\*\*\*\*

Question 67 column(s)

ABOUT how long has it been since you had your last MAMMOGRAM ?!  
Was it within the past year, within the past 2 years,  
within the past 5 years or more than 5 years? !

HOW LONG

Within the past year... (0 - 12 mos)

2. " the past 2 years ... (13 -24 mos)

3. " the past 5 years ... (25 -60 mos)

4. > 5 years ago ... (61 + mos)

7. Don't Know / Not Sure

9. Not Ascertained / Refused

^. Inap

\*\*\*\*\*

Question 68 column(s)

Was your last mammogram done as part of a ROUTINE CHECKUP, !  
because of a BREAST PROBLEM, or because you've already had !  
BREAST CANCER ? !

WHY DONE

1. Routine Checkup

2. Breast Problem

3. Had Breast Cancer

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 69 column(s)

Do you know how to examine your own breast for LUMPS ?!

LUMPS

1. Yes

2. No ( skip to q 70a )

7. Don't Know/Not Sure ( skip to q 70a )

9. Refused ( skip to q 70a )

^. Inap

\*\*\*\*\*

Question 70 column(s)-

ABOUT how often do you examine your breast for LUMPS ?!

LUMPOFT

( 101-102 = times per day 301-331 = times per month  
201-207 = times per week 401-412 = times per year )

207 1

- 1xx. Enter times per day
- 2xx. Enter times per week
- 3xx. Enter times per month
- 4xx. Enter times per year

006. NEVER

007. Don't Know / Not Sure

009. Not Ascertained / Refused

^. Inap

006.

007.

009.

101-103

201-214

301-331

401-412

\*\*\*\*\*

if ( 'on 70a column(s)  
e branch on previous answer '#='

- 1. ( skip to q 75 )
- 2.
- >. ( skip to q 75 )
- ^. Inap

TA source is from 59

\*\*\*\*\*

Question 71 column(s)

\_\_\_\_\_!  
 Have you ever heard of a PAP SMEAR TEST ? !  
 \_\_\_\_\_!

PAP

- 1. Yes
- 2. No ( skip to q 75 )
- \_\_\_\_\_
- 3. Don't Know/Not Sure ( skip to q 75 )
- 9. Refused ( skip to q 75 )
- ^. Inap

\*\*\*\*\*

Question 72 column(s)

\_\_\_\_\_!  
 Have you ever had a PAP SMEAR ? !  
 \_\_\_\_\_!

HAD PAP

- 1. Yes
- 2. No ( skip to q 75 )
- \_\_\_\_\_
- 7. Don't Know/Not Sure ( skip to q 75 )
- 9. Refused ( skip to q 75 )
- \_\_\_\_\_
- Inap

\*\*\*\*\*

Question 73 column(s)

\_\_\_\_\_!  
 When did you have your last PAP SMEAR ? !

WHEN PAP

Was it within the past year, within the past 2 years, !  
within the past 5 years or more than 5 years ago ? !  
\_\_\_\_\_!

1. Within the past year...(0 - 12 mos)
2. " the past 2 years ...(13 -24 mos)
3. " the past 5 years ...(25 -60 mos)
4. > 5 years ago ...(61 + mos)

- 
7. Don't Know / Not Sure
  9. Not Ascertained / Refused
  - ^. Inap

\*\*\*\*\*

Question 73a                    column(s)  
Note branch on previous answer '#='

1. ( skip to q 75 )
- 2.
- >. ( skip to q 75 )
- ^. Inap

EA source is from 60

\*\*\*\*\*

Question 74                    column(s)  
\_\_\_\_\_  
Have you had a HYSTERECTOMY ? !  
\_\_\_\_\_!

**HYSTER**

IF PERSON ASK "WHAT IS A ...", ask ...  
"Had a operation to take out the uterus ?"

1. Yes
- (2.) No

- 
7. Don't Know/Not Sure
  9. Refused
  - ^. Inap

\*\*\*\*\*

Question 75                    column(s)

These next questions are about DIGITAL RECTAL EXAMS, that is when a doctor inserts his finger in the rectum to check for problems.  
Have you ever HEARD of a Digital Rectal Exam ?

DRE

- 1. Yes
- 2. No ( skip to q 78 )

7. Don't Know/Not Sure ( skip to q 78 )

9. Refused ( skip to q 78 )  
^ Inap

\*\*\*\*\*

Question 76                      column(s)  
Have you ever HAD a Digital Rectal Exam ?

HADDRE

- 1. Yes
- 2. No ( skip to q 78 )

7. Don't Know/Not Sure ( skip to q 78 )

9. Refused ( skip to q 78 )  
^ Inap

\*\*\*\*\*

Question 77                      column(s)  
When did you have your last Digital Rectal Exam ?  
Was it within the past year, within the past 2 years,  
within the past 5 years, or more than 5 years ago ?

WHENDRE

- 1. Within the past year...( 0 - 12 mos)
- 2. " the past 2 years...(13 - 24 mos)

3. " the past 5 years...(25 - 60 mos)

4. > 5 years ago.....(61 + mos)

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 78 column(s)

A BLOOD STOOL TEST is when the stool is examined to determine whether it contains blood. Have you ever HEARD of a Blood Stool Test ?

~~HEARD~~  
STOOL

1. Yes

2. No ( skip to q 81 )

7. Don't Know/Not Sure ( skip to q 81 )

9. Refused ( skip to q 81 )

^. Inap

\*\*\*\*\*

Question 79 column(s)

Have you ever HAD a Blood Stool Test ?

HAD STOOL

1. Yes

2. No ( skip to q 81 )

7. Don't Know/Not Sure ( skip to q 81 )

9. Refused ( skip to q 81 )

^. Inap

\*\*\*\*\*



Question 80 column(s)

When did you have your last Blood Stool Test ?  
 it within the past year, within the past 2 years,  
 in the past 5 years, or more than 5 years ago ?

WHENSTO

- 1. Within the past year...( 0 - 12 mos)
- 2. " the past 2 years...(13 - 24 mos)
- 3. " the past 5 years...(25 - 60 mos)
- 4. > 5 years ago.....(61 + mos)

7. Don't Know/Not Sure

9. Refused

^ Inap

\*\*\*\*\*

Question 81 column(s)

PROCTOSCOPIC EXAM is when a tube is inserted  
in the Rectum to check for problems.  
Have you ever HEARD of a Proctoscopic Exam ?

PROCTO

1. Yes

2. No ( skip to q 100 )

7. Don't Know/Not Sure ( skip to q 100 )

9. Refused ( skip to q 100 )

^ Inap

\*\*\*\*\*

Question 82 column(s)

Have you ever HAD a Proctoscopic Exam ?

HAD PROC

- 1. Yes
- 2. No ( skip to q 100 )

---

- 7. Don't Know/Not Sure ( skip to q 100 )
- 9. Refused ( skip to q 100 )
- ^. Inap

\*\*\*\*\*

Question 83                      column(s)

When did you have your last Proctoscopic Exam ?  
 Was it within the past year, within the past 2 years,  
 within the past 5 years, or more than five years ago ?

WHEN PROC

- 1. Within the past year...( 0 - 12 mos)
- 2. " the past 2 years...(13 - 24 mos)
- 3. " the past 5 years...(25 - 60 mos)
- 4. > 5 years ago.....(61 + mos)

---

- 7. Don't Know/Not Sure
- 9. Refused
- ^. Inap
- 1.

\*\*\*\*\*

Question 100                      column(s)

Have you ever been told by a doctor that you had / have  
 some form of ARTHRITIS, GOUT, BURSTITIS, OR TENDONITIS ?

ARTHCORE  
~~ARTHCORE~~

~~ARTHRITIS~~

- 1. Yes
- 2. No ( skip to q 103 )

---



7. Don't Know/Not Sure

9. Refused

^. Inap

7.

\*\*\*\*\*

Question 103

column(s) (175)

Next, I have a couple of questions which ask about  
 your HEALTH STATUS.  
 All in all, would you say that your health is  
 Excellent, Good, Fair or Poor ?

HLTHGOOD

1. Excellent

2. Good

3. Fair

4. Poor

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 104

column(s) (176)

I'm going to read you a list of MEDICAL CONDITIONS  
 and PHYSICAL AILMENTS that usually last some time.  
 As I read each one, please tell me if you have ever  
 experienced this problem or been told by a Medical  
 Doctor that you have this problem ?

DIABETES ?

~~DIABETES~~ DIABETES

1. Yes

2. No

7. Don't Know/Not Sure

- 9. Refused
- ^. Inap

\*\*\*\*\*

Question 105                      column(s) (177)  
-----  
! (Experienced or told you have/had ...  
! HEART TROUBLE ?  
!-----

HEART

- 1. Yes
- 2. No

7. Don't Know/Not Sure

- 9. Refused
- ^. Inap

\*\*\*\*\*

Question 106                      column(s) (178)  
-----  
! (Experienced or told you had a . . . ?)  
! STROKE ?  
!-----

STROKE

- 1. Yes
- 2. No

7. Don't Know/Not Sure

- 9. Refused
- ^. Inap

\*\*\*\*\*

Question 107                      column(s) (179)  
-----  
! (Experienced or told you have/had ...  
! ARTHRITIS ?  
!-----

~~ARTHRITIS~~ ARTHRIT

1. Yes

2. No  
\_\_\_\_\_

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 108 column(s) 180

! (Experienced or told you have/had ... !  
! CHRONIC BRONCHITIS OR EMPHYSEMA ? !  
! \_\_\_\_\_ !

BRONCH

1. Yes

2. No  
\_\_\_\_\_

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 109 column(s) 181

! (Experienced or told you have/had ... !  
! ASTHMA ? !  
! \_\_\_\_\_ !

ASTHMA

1. Yes

2. No  
\_\_\_\_\_

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 110

column(s) 182

|-----|  
 | Experienced or told you have/had ... |  
KIDNEY OR BLADDER TROUBLE ?

KIDNEY

1. Yes

2. No

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 111

column(s) 183

|-----|  
 | (Experienced or told you have/had ... |  
LIVER TROUBLE ?

LIVER

1. Yes

2. No

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 112

column(s) 184

|-----|  
 | (Experienced or told you have/had ... |  
CANCER ?

CANCER

1. Yes

2. No

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 113                      column(s) 185  
!-----!  
! (Experienced or told you have/had ... !  
! FREQUENT HEADACHES ? !  
!-----!

HEADACHE

1. Yes

2. No

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 114                      column(s) 186  
!-----!  
! (Experienced or told you have/had ... !  
! FREQUENT BACK TROUBLE ? !  
!-----!

BACK

1. Yes

2. No

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 115                      column(s)  
-----!  
Finally, I have a couple of additional questions !  
about SEATBELTS ... !



During the past month, when you have driven or ridden in a car, were any of the passengers CHILDREN UNDER FOUR YEARS of age ?

187

CHILDLT4

1. Yes

2. No

8. Never ride in a car ( skip to q 200 )

7. Don't Know/Not Sure ( skip to q 200 )

9. Refused ( skip to q 200 )

^. Inap

\*\*\*\*\*

Question 116 column(s) 188

When there are children under the age of four in the car, HOW OFTEN do they ride in a car safety seat ?  
Would you say Always, Nearly Always, Sometimes, Seldom, or Never ?

SAFTSEAT

1. Always

2. Nearly Always

3. Sometimes

4. Seldom

5. Never

7. Don't Know/Not Sure

9. Refused

^. Inap

\*\*\*\*\*

Question 200 column(s)-

That's my last question.

Let me emphasize that your answers cannot be identified

with your name. Everyone's answers will be combined to give us information about the health practices of people in this state.

THANK YOU very much for your time and cooperation.

THANK YOU, GOODBYE...  
(PRESS RETURN TO CONTINUE)

\$. ( skip to q 64 )  
^. Inap

\*\*\*\*\*

Question 590 column(s)  
Remote branch on previous answer '#='

> =\*/

>. (do more '\*' processing)  
^. Inap

\*\*\*\*\*

Question 590\_a column(s)-  
{0n} {0r} -

0. ( skip to q 0t )  
>. ( skip to q 0s )  
^. Inap

TO answer into question 0s

\*\*\*\*\*

Question 600 column(s)  
Remote branch on previous answer '#='

> =\*/

>. (do more '\*' processing)  
^. Inap

\*\*\*\*\*

Question 600\_a column(s)-  
{0r} {0s} + {0n} -

0. ( skip to q 0t )  
>. ( skip to q 0s )  
^. Inap

\*\*\*\*\*

Question 601 column(s)  
;Something's wrong!!!!

! # Men equals (0r) !