## CALIFORNIA BEHAVIORAL RISK FACTOR SURVEY, 1997

# in Collaboration with The Center for Disease Control and Prevention's Behavioral Risk Factor Surveillance System

FINAL, MARCH 21, 1997

Questions about the survey should be directed to:

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HELLO, I'm <u>(interviewer name)</u> calling on behalf of the California Department of Health Services and the national Public Health Service.				
Is this(phone number)?				
<ol> <li>Yes&gt; (Continue)</li> <li>No&gt; Thank you very much, but I seem to have dialed the wrong number. (Stop)</li> </ol>				
PRIVRES				
Is this a private residence?  1. Yes> We're doing a study of the health practices of California residents. Your number has been randomly chosen to be included in the study, and we'd like to ask some questions about things people do which may affect their health.				
2. No> Thank you very much, but we are only interviewing private residences. (Stop)				
NUMADULT Our study requires that we randomly select one adult who lives in your household to be interviewed. How many members of your household, including yourself, are 18 years of age or older?				
Enter the number of adults				
NUMMEN (If NUMADULT GT 1) How many are men?				
Enter the number of men (0-9)				
NUMWOMEN (If NUMADULT GT 1) How many are women?				
Enter the number of women (0-9)				
(Verify: NUMMEN+NUMWOMEN=NUMADULT)				
SELECTED (If NUMADULT GT 1) The person in your household I need to speak with is the				
Are you the <u>(SELECTED)</u> ?				
1. Yes> Continue. 2. No> May I speak with the?				

INTROQ

## ONEADULT (If ADULT = 1) Are you the adult?

- 1. Yes---> Then you are the person I need to speak with. All the information obtained in this study will be confidential. (Go to GENHLTH-Q1)
- 2. No ---> May I speak with him or her? (When selected adult answers:)

Hello, I'm (interviewer name) calling on behalf of the California Department of Health Services and the national Public Health Service.

We're doing a special study of California residents regarding their health practices and day-to-day living habits. You have been randomly chosen to be included in the study from among the adult members of your household.

All the information obtained in this study will be confidential.

SEX INTERVIEWER: Enter sex of respondent.

- 1. Male
- 2. Female

#### RESPOND

(INTERVIEWER, DO NOT READ ALOUD) Identify the respondent ----

11.	Oldest MALE	21.	Oldest FEMALE
12.	Second Oldest MALE	22.	Second Oldest FEMALE
13.	Third Oldest MALE	23.	Third Oldest FEMALE
14.	Fourth Oldest MALE	24.	Fourth Oldest FEMALE
15.	Fifth Oldest MALE	25.	Fifth Oldest FEMALE
16.	Sixth Oldest MALE	26.	Sixth Oldest FEMALE
17.	Seventh Oldest MALE	27.	Seventh Oldest FEMALE
18.	Eighth Oldest MALE	28.	Eighth Oldest FEMALE
19.	Ninth Oldest MALE	29.	Ninth Oldest FEMALE

First I'd like to ask some questions about your health.

GENHLTH (CDC-C)

1.	Would you say that in general your health is: Excellent, Very good, Good, Fair, or Poor?					
	1. 2. 3. 4. 5.	Excellent Very good Good Fair Poor				
	7. 9.	Don't know/Not sure Refused				
PHYS 2.	Now	Type VII v thinking about your physical health, which includes physical illness and injury, for how vy days during the past 30 days was your physical health not good?				
		Enter Number of days				
	0.	None				
	77. 99.	Don't know/Not sure Refused				
MEN <sup>†</sup> 3.	Now	H (CDC-C) Type VII thinking about your mental health, which includes stress, depression, and problems emotions, for how many days during the past 30 days was your mental health not d?				
		Enter Number of days				
	0.	None				
	77. 99.	Don't know/Not sure Refused				
POO 4. <b>you</b>	Dur	TYPE VII ring the past 30 days for about how many days did poor physical or mental health keep n doing your usual activities such as self care, work or recreation?				
		Enter Number of days				
	0.	None				
	77. 99.	Don't know/Not sure Refused				

HEALTH.

HAVEPLN3 (CDC-C, modified wording)

YESNO.

- 5. Do you have ANY kind of health care coverage including health insurance, prepaid plans such as HMOs (health maintenance organizations) or government plans such as Medicare or Medi-Cal.
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

HLTHPLAN (CDC-C)

YESNO.

(If HAVEPLN3 = 2, 7, or 9 ask:)

6. There are some types of coverage you may not have considered. Please tell me if you have coverage through any of the following:

`	AVPLN3 = 1, ask:)  you receive health care coverage through:	Yes	No	Dk/Ns	Ref
A.	Your employer	1	2	7	9 EMPPLAN
B.	Someone else's employer (including spouse)	1	2	7	9 OEMPLAN
C.	A plan that you or someone else buys on your own	1	2	7	9 OWNPLAN
D.	Medicare	1	2	7	9 MEDICARE
E.	Medi-Cal (Medicaid)	1	2	7	9 MEDICAL
F.	The military, CHAMPUS, or the VA [or CHAMP-VA]	1	2	7	9 MILPLAN
G.	The Indian Health Service	1	2	7	9 INDPLAN
Н.	Some other source	1	2	7	9 OTHPLAN

IF NO "YES" RESPONSES A-H GO TO PASTPLAN IF 6E= "YES" THEN GO TO MEDIMAN

MEDIMAN2 (CA-UCB - modified)

YESNO.

- 7. Are you enrolled in either a HMO (health maintenance organization) or health plan that Medi-Cal pays for?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

If only one Yes response to Q6A-6H, go to TIMEPLAN.

MAINPLAN (CDC-C)

MAINPLN.

8. What type of health care coverage do you use to pay for MOST of your medical care?

Is it coverage through: (Read only if necessary)

- 1. Your employer
- 2. Someone else's employer (including your spouse)
- 3. A plan that you or someone else buys on your own
- 4. Medicare
- 5. Medi-Cal (Medicaid)
- 6. The military, CHAMPUS, or the VA (or CHAMP-VA)
- 7. The Indian Health Service
- 8. Some other source
- 88. None (Go to WHYNOPL3)
- 77. Don't know/Not sure
- 99. Refused

TIMEPLAN (CDC-C)

HOWLNGD.

About how long have you had (Medicare/Medi-Cal/this particular health coverage)?

#### Read only if necessary

For less than 12 months
 For less than 2 years
 For less than 3 years
 For less than 5 years
 For 5 or more years
 (more than 0 months to 12 months)
 (more than 1 year to 2 years)
 (more than 2 years to 3 years)
 (more that 3 years to 5 years)
 (more than 5 years ago)

- 7. Don't know/Not sure
- 9. Refused

IF HLTHPLAN 6A OR 6B = 1 THEN ASK PAYPART1; ELSE GO TO HMOPPO

## PAYPART1 (CA-UCB)

PAYPTA.

- 10. How much of the cost of your health insurance premium does your employer or some else's employer pay? All of the cost, part of the cost, or none of the cost? This does not include your co-pay.
  - 1. All of the cost
  - 2. Part of the cost
  - 3. None of the cost
  - 7. Don't know/Not sure
  - 9. Refused

HMOPPO (CDC-C)

YESNO.

- 11. Is there a book or list of doctors associated with your (Medicare/Medi-Cal/health coverage)?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

PRIMDOCS (CDC-C)

YESNO.

12. Does your (Medicare/Medi-cal/health coverage) require you to select a certain doctor or clinic for all of your routine care?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

## PLANLIST (CA-UCB, NEW)

YESNO.

- 13. Does your health plan require that you choose your doctors from their approved list?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

## SATISFAC (CA-UCB)

SATISF.

- 14. Overall, how satisfied are you with your present health insurance plan? Would you say you are very satisfied, satisfied, neither satisfied nor dissatisfied, dissatisfied, or very dissatisfied?
  - 1. Very satisfied
  - 2. Satisfied
  - 3. Neither Satisfied nor dissatisfied (Neutral)
  - 4. Dissatisfied
  - 5. Very dissatisfied
  - 7. Don't know/not sure
  - 9. Refused

GAPPLN (CA-UCB)

YESNO.

15. In the past 12 months, was there any time that you did NOT have ANY health insurance or coverage?

1. Yes (Go to PRIMCARE)

2. No (Go to PRIMCARE)

7. Don't know (Go to PRIMCARE) 9. Refused (Go to PRIMCARE) PASTPLAN (CDC-C) HOWLNGB.

16. About how long has it been since you had health care coverage?

## Read Only if Necessary

1.	Within the past 6 months	(more than 0 months to 6 months)
2.	Within the past year	(more than 6 months to 1 year)
3.	Within the past 2 years	(more than 1 year to 2 years)
4.	Within the past 5 years	(more than 2 years to 5 years)
_		

- 5. More than 5 years ago
- 7. Don't know/Not sure
- 8. Never
- 9. Refused

## WHYNOPLA, WHYNOPLB, WHYNOPLC (CA-UCB-modified)

WHYNOPB.

17. Many people do not have health insurance for various reasons. How important are each of the following in explaining why YOU are not covered by any health insurance?

Refused			Very im-	lm-	Not im-	DK/not	
ittorus			portant	portant	portant	Sure	
1.	You, your spouse or your parent lost a job or changed employers? Would you say this reason is very important, important or not important?	1	2	3	7	9	
2.	Insurance wasn't offerd by the employer? Would you say this reason is very important, important or not important?		1	2	3	7	9
3.	Insurance costs too much? Would you say this reason is very important, important or not important?		1	2	3	7	9

(If 1,2 and 3=3,7, or 9) then go to Q17a; ELSE GO TO TRYPLN

17a. WHYNOTX3 ----> What is the most important reason why you are not insured?

TRYPLN (CA-UCB)

YESNO.

- 18. You indicated that you are not currently covered by health insurance. Have you tried to find any health insurance coverage?
  - 1. Yes
  - 2. No
  - 7. Don't know
  - Refused

PRIMCARE (CA-from 1993; YR2k Obj 16.14/21.3)

YESNO.

- 19. Is there one particular clinic, health center, doctors office, or other place that you usually go to when you are sick or when you need routine health care?
  - 1. Yes
  - 2. No
  - 7. Don't know
  - 9. Refused

NEEDDOC (CA)

YESNO.

- 20. Have you needed to see a doctor because of illness or injury in the past 12 months?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

PAYNOGO (CDC-C)

YESNO.

- 21. Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

RESTRIC2 (CDC-QOL Module)

YESNO.

- 22. Are you limited in any way in any activities because of any impairment or health problem?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

HOWLNGC.

23. Some people visit a doctor for a routine checkup, even though they are feeling well and have not been sick. About how long has it been since you last visited a doctor for a routine checkup?

(Read only if necessary)

1. Within the past year (0 years to 1 year)

Within the past 2 years (more than 1 year to 2 years)
 Within the past 5 years (more than 2 years to 5 years)

- 4. More than 5 years ago
- 7. Don't know/Not sure
- 8. Never
- 9. Refused

Now I have a few questions about dentists and dental health issues.

WHENDNT2 (CDC-DH module, from 95)

WHENDENT.

24. How long has it been since you last visited the dentist or a dental clinic?

(Read only if necessary)

1. Less than Six months (Go to LOSTEETH)

- 2. Six months to less than One year (Go to LOSTEETH)
- 3. One year to less than Two years
- 4. Two years to less than Five years
- 5. Five or more years ago
- 6. Never

7. Don't know/Not sure

(Go to LOSTEETH)

9. Refused

DENTNOGO (CDC-DH module, from 95)

DENTNO.

- 25. What is the main reason you have not visited the dentist in the last year?
  - 1. Fear, apprehension, nervousness, pain, dislike going (or similar response)
  - 2. Cost
  - 3. Do not have/know a dentist
  - 4. Can't get to the office/clinic (too far away, no transportation, no appointments available)
  - 5. No reason to go (e.g., no pain, no problems, no teeth)
  - 6. Other priorities
  - 7. Didn't think of it
  - 8. Other
  - 77. Don't know/Not sure
  - 99. Refused

LOSTEETH (CDC-DH module, from 95)

LOSTETH.

- 26. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.
  - 1. Five or fewer
  - 2. 6 or more, but not all
  - 3. All
  - 4. None
  - 7. Don't know/Not sure
  - 9. Refused

#### DENTPLN2 (CDC-mod, from 95)

YESNO.

- 27. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs (Health Maintenance Organizations), or government plans such as Medi-Cal?
  - 1. Yes
  - 2. No
  - Don't know/Not sure
  - 9. Refused

## BPCHECK2 (CDC-RC; YR2k Obj. 15.13)

BPCHECK.

28. About how long has it been since you last had your blood pressure taken by a doctor, nurse, or other health professional?

(Read only if necessary)

Within the past 6 months
 Within the past year
 Within the past 2 years
 Within the past 5 years
 Within the past 5 years
 (more than 0 to 6 months)
 (more than 1 year to 2 years)
 (more than 2 years to 5 years)

5. More than 5 years ago

7. Don't know/Not sure

8. Never (Go to BLOODCHO)

9. Refused

## BPHIGH1 (CDC-RC; YR2k Obj. 15.13)

YESNO.

29. Have you ever been told by a doctor, nurse, or other health professional that you have high blood pressure?

1. Yes

2. No (Go to BLOODCHO)

7. Don't know/Not sure (Go to BLOODCHO)
9. Refused (Go to BLOODCHO)

HIGHGT1 (CDC-RC; YR2k Obj 15.4/15.5)

HIGHGT.

30. Have you been told on more than one occasion that your blood pressure was high, or have you been told this only once?

1. More than once

2. Only once (Go to BLOODCHO)

7. Don't know/Not sure (Go to BLOODCHO)
9. Refused (Go to BLOODCHO)

PCNTL (CA; YR2k Obj. 15.5; becomes variables BPDIET-BPMED on final dataset) YNNA.

31. To control your high blood pressure, are you...

•		Yes	No E	OK/NS	NA	REF	
A.	Dieting to lose weight?			7		9	BPDIET
B.	Using less salt in your diet?	1	2	7	8	9	BPSALT
C.	Exercising?	1	2	7	8	9	BPEXER
D.	Taking medicine prescribed by a doctor?	1	2	7	8	9	BPMED

BLOODCHO (CDC-C; YR2k Obj 15.14)

YESNO.

32. Blood cholesterol is a fatty substance found in the blood. Have you ever had your blood cholesterol checked?

1. Yes

2. No (Go to DIABCOR1)

7. Don't know/Not sure (Go to DIABCOR1)
9. Refused (Go to DIABCOR1)

CHOLCHK (CDC-C; YR2k Obj 15.14)

HOWLNGC.

33. About how long has it been since you last had your blood cholesterol checked?

(Read only if necessary)

1. Within the past year (0 years to 1 year)

2. Within the past 2 years
3. Within the past 5 years
(more than 1 year to 2 years)
(more than 2 years to 5 years)

4. More than 5 years ago

7. Don't know/Not sure

8. Never (Go to DIABCOR1)

9. Refused

TOLDHI (CDC-C) YESNO. Have you ever been told by a doctor or other health professional that your blood cholesterol is high? 1. Yes 2. No 7. Don't know/Not sure 9. Refused DIABCOR1 (CDC-C; YR2k Obj 17.11) DIABCORA. Next I would like to ask you about diabetes, sometimes called sugar diabetes. Have you ever been told by a doctor that you have diabetes? 1. Yes 2. Nο (Go to EXERREA) 3. Gestational diabetes (if woman volunteers she had diabetes during pregnancy) 7. Don't know/Not sure (Go to EXERREA) Refused (Go to EXERREA) 9. If SEX EQ 1 go to DIABAGE If SEX EQ 2 go to DIABGEST DIABGEST (CA, 95) YESNO. Was this ONLY while you were pregnant? 1. Yes (Go to EXERREA) 2. No (Includes never been pregnant) 7. Don't know/Not sure 9. Refused Type XV DIABAGE (CA-DBCP, from 1996 CDC module, DK/REFs coded differently per 1994 CDC-C) (Note: Asked if SEX=1 and DIABCOR1=1, or SEX=2 and DIABCOR1=1 and DIABGEST ne 1) How old were you when you were told you have diabetes? \_\_ Enter age in years 97. Don't know/Not sure 99. Refused DIABINS (CA-DBCP, from 1996 CDC module) YESNO. Are you now taking insulin? Yes 1. (Go to CHKGLU) 2. Nο 7. Don't know (Go to CHKGLU) (Go to CHKGLU) 9. Refused

Type XVIII

INSOFT2 (CA-DBCP, from 1996 CDC module)

39. Currently, about how often do you use insulin?

1xx = times per day
2xx = times per week

333 = Use insulin pump
777 = Don't know/Not sure
999 = Refused

CHKGLU (CA-DBCP, from 1996 CDC module)
40. About how often do you check your blood for glucose or sugar?

40. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times checked by a health professional.

1xx = times per day (verify if GT 105) 2xx = times per week (verify if GT 235) 3xx = times per month

3xx = times per month 4xx = times per year

555 = Never 777 = Don't know 999 = Refused

HEARDGH (CA-DBCP, from 1996 CDC module)

YESNO.

Type XIX.

- 41. Have you ever heard of glycosylated hemoglobin (gli-KOS-ilated he-mo-glo-bin) or hemoglobin "A one C"?
  - 1. Yes
  - 2. No
  - 7. Don't know
  - 9. Refused

DIABDOC2 (CA-DBCP, from 1996 CDC module, coding is per 1994 CDC-C) Type I

42. About how many times in the last year have you seen a doctor, nurse, or other health professional for your diabetes?

\_\_\_\_ number of times (verify if GT 12)

88. None

(Go to VISCHK2)

77. Don't know

99. Refused

If HEARDGH EQ 2,7 or 9 go to CHKSORE

DIABI 43.	Abou	ut how many times in the la	nodule; coded per 1994 CDC-C)  Type I  ast year has a doctor, nurse, or other health ycosylated hemoglobin or hemoglobin "A one
		number of times	(verify if GT DIABDOC2)
		None Don't know Refused	
CHKS	(Note	e: asked if DIABDOC2 ne 88)	nodule; coded per 1994 CDC-C)Type I
	88.	number of times None	(verify if GT DIABDOC2)
		Don't know Refused	
<ul> <li>VISCHK2 (CA-DBCP, from 1996 CDC module, response categories different from VISCHKB.</li> <li>45. When was the last time you had an eye exam in which the pupils were dilated. This would have made you temporarily sensitive to bright light.</li> </ul>			
	1. 2. 3. 4.	Within the past month Within the past year Within the past 2 years More than 2 years ago	(more than 0 months to 1 month) (more than 1 month to 1 year) (more than 1 year to 2 years)
	7. 8. 9.	Don't know/Not sure Never Refused	
	cts, <sub> </sub>		tions about how well you see. If you use glasses or ality of your vision while wearing your glasses or
VISFA 46.	How obje		dule) VISOFT.  our vision limit you in recognizing people or lid you say all of the time, most, some, a little
	1. 2. 3. 4. 5.	All of the time Most of the time Some of the time A little bit of the time None of the time	
	7. 9.	Don't know/Not sure Refused	

VISOFT.

VISNEAR (CA-DBCP, from 1996 CDC module)

- 47. How much of the time does your vision limit you in reading print like in a newspaper, magazine, recipe, menu, or numbers on the telephone? Would you say all of the time, most, some, a little bit, or none of the time?
  - 1. All of the time
  - 2. Most of the time
  - 3. Some of the time
  - 4. A little bit of the time
  - 5. None of the time
  - 7. Don't know/Not sure
  - 9. Refused

VISTV (CA-DBCP, from 1996 CDC module)

VISOFT.

- 48. How much of the time does your vision limit you in watching television? Would you say all of the time, most, some, a little bit, or none of the time?
  - 1. All of the time
  - 2. Most of the time
  - 3. Some of the time
  - 4. A little bit of the time
  - None of the time
  - 7. Don't know/Not sure
  - Refused

The next few questions are about exercise, recreation, or physical activities OTHER THAN your REGULAR JOB duties.

## EXERREA (EXERREA1-EXERREA6) (DHS-LEAN new)

49. There are many reasons why people may not be as physically active or exercise as much as they would like. Please tell me if any of the following ever prevent you from exercising or being as physically active as you would like.

A.	Lack of time because of work, social or family demands	Yes 1	No	DK/NS 2	S 7	NA 8	REF 9	
В.	Self conscious about looks when physically active	1		2	7	8	9	
C.	Lack of enjoyment from physical activity	1		2	7	8	9	
D.	No one with whom to exercise		1		2	7	8	9
E.	Concerns about personal safety because of crime or injuries	1		2	7	8	9	
F.	Lack of energy		1		2	7	8	9

EXERANY (CDC-RC96; YR2k Obj. 1.2/2.3/15.10) YESNO.

- During the past MONTH, did you participate in any PHYSICAL ACTIVITIES or EXERCISES such as running, calisthenics, golf, gardening or walking for exercise?
  - 1. Yes
  - 2. No
  - 7. Don't Know / Not Sure
  - 9. Refused

## SEATBELT (CDC-C; YR2k Obj 9.12)

SEATBELT.

- 51. How often do you use seatbelts when you drive or ride in a car?
  Would you say: Always, Nearly Always, Sometimes, Seldom, or Never?
  - 1. Always
  - 2. Nearly Always
  - 3. Sometimes
  - 4. Seldom
  - 5. Never
  - 7. Don't know/Not sure
  - 8. Never drive or ride in a car
  - 9. Refused

RIDEBIKE (CA-YR2k Obj. 9.13)

YESNO.

- 52. Have you ridden a bicycle in the past 12 months?
  - 1. Yes

2 No (Go to SMKALARM)7. Don't know/Not sure (Go to SMKALARM)

9. Refused

(Go to SMKALARM)

HELMBIKE (CA-YR2k Obj. 9.13)

ALWNEV.

- 53. When you ride a bicycle, do you wear a helmet or other head protection gear? Would you say: Always, Nearly Always, Sometimes, Seldom, or Never?
  - 1. Always
  - 2. Nearly Always
  - 3. Sometimes
  - 4. Seldom
  - 5. Never
  - 7. Don't know/Not sure
  - 9. Refused

SMKA 54.	Whei smol	If (CDC-C; YR2K Obj 9.17) In was the last time you or so we detectors in your home, either ce of smoke near them?		
		<ol> <li>Within the past month</li> <li>Within the past 6 months</li> <li>Within the past year</li> <li>One or more years ago</li> <li>Never</li> </ol>	(0 months to 1 month ago) (more than 1 month to 6 mon (more than 6 months to 12 n	
		<ul><li>6. No smoke detectors in home</li><li>7. Don't know/Not sure</li><li>9. Refused</li></ul>		
Now I	woul	d like to ask you a few question	s about cigarette smoking	
SMOr 55.		(CDC-C, Q25; YR2k 3.4/15.12/16 you smoked at least 100 cigare		
	5 pac	cks = 100 cigarettes		
	1. 2.	Yes No (	Go to SMKELSE2)	
	7. 9.	Don't know/Not sure Refused	(Go to SMKELSE2) (Go to SMKELSE2)	
SMKE 56.		2 (CDC-C, Q26) ou now smoke cigarettes everyo	lay, some days, or not at all?	EVDAY.
	1. 2. 3.	Everyday Somedays Not at all	(Go to SMOKENUM) (Go to SMK30ANY) (Go to SMK30ANY)	
	9.	Refused	(Go to SMK30ANY)	
SMOŁ 57.		M (CDC-C, Q27) ne average, about how many cig (1 pack = 20 cigarettes)	arettes a day do you now smo	Type V ke?

(verify if GT 70) (Go to SMKWHOLE)

\_\_\_\_ Enter Number of cigarettes

888. Don't smoke regularly 777. Don't know/Not sure

999. Refused

58.		Y(CA-TCS) you smoke ANY cigarettes during th	e past 30 days?	YESNO.
	1. 2.	Yes No	(Go to SMKWHOLE)	
	7. 9.	Don't know/Not sure Refused	(Go to SMKWHOLE) (Go to SMKWHOLE)	
SMK 59.		Y (CA-TCS, dropped from CDC-C 199	• •	Type VII
	[	Enter number of days		
	30. 77. 99.			
IF	SMKE	/DA2 EQ 2 Go to SMK30NUM; ELSE Go To	SMKWHOLE	
SMK 60.	Duri	M (CDC-C, Q27a; modified wording) ng the past thirty days, on the d rettes did you usually smoke per da		Type VIII about how many
		_ Enter number of cigarettes	(verify if GT 7	0)
		Don't know Refused		
SMK 61.		LE (CA-TCS; YR2k Obj. 4.5) ut how old were you when you smo	ked your first whole cigarett	Type VII e?
		Code age in years		
	77. 99.	Don't know Refused		
SMO 62.		GE (CA-TCS) ut how old were you when you first	started smoking cigarettes t	Type XI airly regularly?
		Code age in years		
	0. 77.	Never smoked regularly Don't know		

99. Refused

SMKEVDA2	SMK30ANY	GO TO
EQ 1 EQ 2		QUIT1DY2 QUITINT
EQ 3	EQ 1	QUITINT
EQ3	NE 1	SMOKREG2

QUIT1DY2 (CDC-C, Q28) STOPSMOK (CDC-C,93) (YR2k Obj. 3.6) YESNO.

- 63. During the past 12 months, have you quit smoking for 1 day or longer?
  - Yes (Go to SMKWAKE)
     No (Go to SMKWAKE)
  - 7. Don't know/Not sure (Go to SMKWAKE)
  - 9. Refused (Go to SMKWAKE)

QUITINT (CA-TCS)

YESNO.

- Ouring the past 12 months, on the days you did not smoke, was this because you were trying to quit smoking?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

SMKWAKE (CA-TCS)

Type XI

65. How soon after you awake in the morning do you usually smoke your first cigarette?

EXAMPLE: for 30 minutes enter 30 for 10 hours and 30 minutes enter 1030

\_\_\_\_\_ Enter hours/minutes or minutes only

0000.Immediately 7777.Don't know 9999.Refused

#### SMKBRAN2 (CA-TCS, compatible with CATS) SMKBRAND. What brand do you usually SMOKE? Enter the brand below: 1. Benson and Hedges 10. Newport 2. Camel 11. Pall Mall Carlton 3. 12. Salem 4. Generic 13. Vantage 5. Kent 14. Virginia Slims Winston 6. Kool 15. Marlboro Other <u>(specify)</u> ----> SMKTXT 7. 91. 8. Merit 77. Don't Know/Not sure 9. More 99. Refused LIKESTOP (CA-TCS) YESNO. Would you like to stop smoking? 1. Yes 2. No 7. Don't know/Not sure 9. Refused QUIT30 YESNO. (CA-TCS) 68. Are you planning to quit smoking in the next 30 days? 1. Yes (Go to SMOKELSE2) 2. No 7. Don't know/Not sure 9. Refused QUIT6 YESNO. (CA-TCS)

69. Are you contemplating quitting smoking in the next six months?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

IF SMKEVDA2=3 ASK SMOKREG2; ELSE Go to SMKELSE2

SMOKREG2 (CDC-C, Q29; modified wording & response categories) SMOKREGB.

70. About how long has it been since you last smoked cigarettes regularly?

(Read only if necessary)

Within the past month
 Within the past 3 months
 Within the past 6 months
 Within the past 6 months
 Within the past year
 Within the past 5 years
 Within the past 5 years

5. Within the past 5 years6. 5 or more years ago

77. Don't know/Not sure

88. Never smoked regularly (Do not read) 99. Refused (Do not read)

PUFF (CA-TCS; appears as variables PUFFYR1-PUFFDY1 on final dataset)

Type VII

71. When did you last smoke or have a puff on a cigarette?

INTERVIEWER: Enter 00 if time frame doesn't apply.

Enter 77 if "Don't Know" for that time frame. Enter 99 if "Refused" for that time frame.

YEARS since last smokedPUFFYR1

MONTHS since last smoked PUFFMO1 WEEKS since last smoked PUFFWK1

DAYS since last smoked PUFFDY1

77. Don't know 99. Refused

RETURN12 (CA-TCS)

RETURN.

- 72. Do you think it is likely or unlikely that you will return to smoking in the next 12 months?
  - 1. Likely
  - 2. Unlikely
  - 3. Never a regular smoker
  - 7. Don't know/Not sure
  - 9. Refused

SMKELSE2 (CA-TCS; MODIFIED, YR2k Obj. 3.8)

YESNO.

- 73. Does anyone else living in the household smoke cigarettes now?
  - 1. Yes

2. No (Go to HHRULES2)

- 7. Don't know/Not sure (Go to HHRULES2)
- 9. Refused (Go to HHRULES2)

SMKE 74.		N (CA-TCS; YR2k Obj. 3.8) many other household members cu	rrently	smoke	e?	Type VII
		Enter number of household members				
	77. 99.	Don't know/Not Sure Refused				
HHRI 75.	Wha smo exce	2 (CA-TCS, 95, from CATS; YR2k Obtate the smoking rules or restriction king is completely prohibited, supplied in some king?	ns in ye moking	g is g	usehold, i enerally	prohibited with fev
	1. 2. 3. 4. 5.	Smoking is completely prohibited Smoking is generally prohibited with fe Smoking is allowed in some rooms on There are no restrictions on smoking Other(specify)	ly	eptions		
	7. 9.	Don't know/Not sure Refused				
PRE\ 76.	In th	(CA-UCB, becomes PREVEXER-PREVe last three years, has your physical e following health education topics	n or ot		alth profe	YN. ssional discussed an
	(Plea	ase read:)	V			
	A.	Exercise	Yes	No 1	2	PREVEXER
	B.	Nutrition or Diet		1	2	PREVDIET
	C.	Smoking		1	2	PREVSMK
	D.	Gun Safety		1	2	PREVGUNS

1

1

2

2

2

2

E.

F.

G.

Н.

Alcohol

**Sexually Transmitted Disease or HIV** 

Unknown (DK/NS Refused)

None or No Others

**PREVALC** 

PREVSTD

## PREVPRG2 (CA-UCB-modifed)

PREVPRG.

77. A health improvement program helps you to change your health behaviors such as stop smoking, lose weight, reduce stress, or increase physical activity. Did you participate in any health improvement program in 1996 offered through your MAIN employer, your health plan and/or a community group?

(If yes, mark all that apply.)

- 1. Yes, through my main employer
- 2. Yes, through my health plan
- 3. Yes, through a community organization or group
- 4. No
- 7. Don't know/Not sure
- Refused

AGE (CDC-C) (various formats)

- 78. How old were you on your last birthday?
  - \_\_ Enter age in years
  - 7. Don't know/Not sure
  - 9. Refused

HISPANIC (CDC-C, modified wording and order)

YESNO.

- 79. Are you of HISPANIC ORIGIN such as Mexican American, Latin American, Puerto Rican or Cuban?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

ORACE2 (CDC-C, 95--expanded response categories)

ORACEB.

80. What is your race?

Would you say: White, Black, Asian, Pacific Islander, American Indian, Alaska Native, or Other?

- 1. White
- 2. Black
- 3. Asian
- 4. Pacific Islander
- 5. American Indian, Alaska Native
- 6. Other: (specify) -----> ORACETXT (Recoded, not retained)
- 7. Don't know/Not sure
- Refused

81. <b>A</b>	AL (CDC-C) are you: Married, Divorced, Widowed, S f an unmarried couple?	MARITAL. eparated, Never been married, or a member
1. 2. 3. 4. 5. 6.	<ul><li>Divorced</li><li>Widowed</li><li>Separated</li><li>Never been married</li></ul>	
9.	. Refused	
CHILD1 82. <b>H</b>	8 (CA) low many children or youths under age	Type VII 18 live in this household?
	_ Enter Number of children	
_	0. None 9. Refused	(Go to EDUCA) (Go to EDUCA)
83. (If CHILI How o (If CHILI	AGE (CA-TCS Previously CHILD1-CHILD9) D18=1, ask:) Ild is the child? D18 GT 1, ask:) Ild are the children? Beginning with the	
	/IEWER NOTE: List the ages of all childre less than one year old then age = 1.0.	n in the household from youngest to oldest. I
ENTER	WHOLE YEARS ONLY. ROUND FRACTION	ONS UP.
5.2 5.2 13.	1 5 year old, .2=older 5 year old) and one 2	ear-old (.0 suffix), two 5 year-olds (.1=younger 13 year old (.0 suffix)}
Youths =	AGE OF YOUNGEST CHILD AGE OF SECOND YOUNGEST CHILD AGE OF THIRD YOUNGEST CHILD AGE OF FOURTH youngest child Age of fifth youngest child Age of sixth youngest child Age of seventh youngest child Age of eighth youngest child Age of ninth youngest child Age of tenth youngest child	CHILD1  CHILD2  CHILD3  CHILD4  CHILD5  CHILD6  CHILD7  CHILD8  CHILD9
=	77 Don't know 99 Refused	
	FTY (CDC-C) DLDCHLD GE 5, ask:)	SEATBELT.

84. How often does the oldest child in your household use a seatbelt when they ride in a car?

(If OLDCHLD LT 5, ask:)

How often does the oldest child in your household use a car safety seat when they ride in a car?

Would you say: Always, Nearly Always, Sometimes, Seldom, or Never?

- 1. Always
- 2. Nearly Always
- 3. Sometimes
- 4. Seldom
- 5. Never
- 7. Don't know/Not sure
- 8. Never rides in a car
- 9. Refused

If AGE OF OLDEST CHILD GT 5 go to CHLDHELM If AGE OF OLDEST CHILD LE 5 go to CHILDPLN

CHLDHELM (CDC-C)

CHLDHLM.

85. During the past year, how often has the (age of OLDCHLD)-year-old child worn a helmet when riding a bicycle?

Would you say: Always, Nearly Always, Sometimes, Seldom, or Never?

- 1. Always
- 2. Nearly Always
- 3. Sometimes
- 4. Seldom
- 5. Never
- 7. Don't know/Not sure
- 8. Never rides a bicycle
- 9. Refused

CHILDPLN (CA, 95)

YESNO.

(If CHILD18=1, ask:)

86. Is your child covered by a health plan?

(If CHILD18 GT 1, ask:)

Are your children covered by a health plan?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

EDUCA 87. <b>W</b>	(CDC-C, response categories are from hat is the highest grade or year of schools)		DUCA.
(F	lead Only if Necessary)		
1. 2. 3. 4. 5. 6. 7. 8.	Some high school (grad Grade 12 or GED certificate (High Some technical school Technical School Graduate Some College College graduate	es 9-11) school graduate)	
9.	Refused		
88. Aı	(2 (CDC-C) re you currently: Employed for wages, ear, Out of work for less than 1 year, ork?		
1. 2. 3. 4. 5. 6. 7. 8. 9.	Self-employed Out of work for more than 1 year Out of work for less than 1 year Homemaker Student Retired Unable to work	(Go to INCOM94) (Go to INCOM94) (Go to INCOM94) (Go to INCOM94) (Go to INCOM94) (Go to INCOM94) (Go to INCOM94)	
89. <b>O</b>	RS (CA-UCB) n average, how many hours per weel clude hours worked at a second job.	c do you work on your	Type VX MAIN job? Do not
	(number)		
	7. Don't Know 9. Refused		
	IG (CA-UCB) ow long have you been working contin	uously for this employer	Type XXIII
	01-107 = # of days 301-3 01-251 = # of weeks 401-499 = # of ye	312 = # of months ears	
	(Enter time)		
77	55. Never 77. Don't know / Not sure 99. Refused		

FIRM 91.	ls y			iness, or part of the the appropriate respo	FTYPE. e federal, state or local nse category.)
	1. 2. 3. 4.	Private business Federal government State government Local government			
	7. 9.	Don't know/Not su Refused	re		
FIRM 92.	(If E	ple, including part	k:) ocations where yo		TYPE I.  perates, about how many byer? (Your best guess is
	Ċοι	ple, including part	locations where		rates, about how many ess? (Your best guess is
		_ number of employ	ees		
	77. 99.	Don't know Refused			
SICT 93.	(If E Thin bus (If E	siness or industry? EMPLOY2=2 ask:)			SICTXT.  ving best describes the escribes the industry?
		ease read)		•	•
	2. (3. N 4. 7 5. N 6. F 7. F 8. S 9. (10. 11. 12.	Mining Construction Manufacturing Fransportation Wholesale sales Retail sales Financial Services Government Healthcare High technology Agriculture Other (Specification)	v)>	SICOTHR	
		Don't know/not sure Refused	)		

HHSIZE (CA) \*\*\* Calculated variable do not ask \*\*\* (not formatted) 94. Household size. ((NUMADULT-NHHADULT)+CHILD18)

INCOM94 (CDC-C wording retained from previous years)

INCOMEB.

- 95. Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to \$75,000; or over \$75,000?
  - 1. Less than \$10,000
  - 2. \$10,000 to less than \$15,000
  - 3. \$15,000 to less than \$20,000
  - 4. \$20,000 to less than \$25,000
  - 5. \$25,000 to less than \$35,000
  - 6. \$35,000 to less than \$50,000
  - 7. \$50,000 to \$75,000
  - 8. Over \$75,000
  - 77. Don't know/Not sure
  - 99. Refused

Find the point on the table where HHSIZE and INCOM94 intersect. If there is a table value and the table value is LT the "less than" value of the response to INCOM94, go to THRESH96.

THRE 96.	ls yo	oùr a	annua							-	-	YESN for inco	me
	1.	Yes	3		7.		Doi	n't know	//Not su	ıre			
	2.	No					9.	Refu	ised	-			
IN	СОМ9	4 =	1	2	3	4	5	6	7	8			
Н	<b>HSIZE</b>	= 1	7,700		15,500								
(Hous	ehold	2		10,400		20,70	00						
Size)		3		13,000			26,000						
		4			15,600		31,200						
		5			18,200			36,400					
		6			20	0,800		41,700					
		7			23	3,500		46,900					
		8					26,100		52,200				
		9					28,700		57,400				
		10					31,300		66,600				
		11					33,900		67,900				
		12						36,600	73,100				
		13						39,200		78,400			

(100% and 200% of Federal Poverty Line; From: Federal Register, Mar 4, 1996, rounded to nearest \$100.)

WEIGHT (CDC-C) (not formatted) About how much do you weigh without shoes? Round fractions up Enter weight in whole pounds (verify if Less Than 80 or Greater Than 350) 777. Don't know/Not sure 999. Refused HEIGHT (CDC-C) (not formatted) About how tall are you without shoes? 98. Round fractions down Enter height in feet and inches (Ex. 5 feet 11 inches = 511)Enter height (verify if Less Than 408 or Greater Than 608) 777. Don't know/Not sure 999. Refused COUNTY1 (CDC-C) COUNTYA. 99. What county do you live in? 001. ALAMEDA 041. MARIN 081. SAN MATEO 003. ALPINE 043. MARIPOSA 083. SANTA BARBARA 005. AMADOR 045. MENDOCINO 085. SANTA CLARA 007. BUTTE 047. MERCED 087. SANTA CRUZ 009. CALAVERAS 049. MODOC 089. SHASTA 011. COLUSA 051. MONO 091. SIERRA 013. CONTRA COSTA 053. MONTEREY 093. SISKIYOU 015. DEL NORTE 055. NAPA 095. SOLANO 057. NEVADA 097. SONOMA 017. EL DORADO 019. FRESNO 059. ORANGE 099. STANISLAUS 021. GLENN 061. PLACER 101. SUTTER 023. HUMBOLDT 103. TEHAMA 063. PLUMAS 025. IMPERIAL 065. RIVERSIDE 105. TRINITY 027. INYO 107. TULARE 067. SACRAMENTO 069. SAN BENITO 109. TUOLUMNE 029. KERN 111. VENTURA 113. YOLO 031. KINGS 071. SAN BERNARDINO 033. LAKE 073. SAN DIEGO 115. YUBA 035. LASSEN 075. SAN FRANCISCO 037. LOS ANGELES 077. SAN JOAQUIN 777. Don'tKnow/Not Sure 039. MADERA 079. SAN L OBISPO 999. Refused

NUMHOLD (CDC-C) YESNO. 100. Do you have more than one telephone number in your household? 1. Yes (Go to ZIPCODE) 2. No 7. Don't know (Go to ZIPCODE) 9. Refused (Go to ZIPCODE) NUMPHON2 (CDC-C) (not formatted) 101. How many residential telephone numbers do you have? (8 = 8 or more)One 1. 2. Two Three 3. 4. Four 5. Five 6. Six 7. Seven 8. Eight 9. Refused (102. intentionally left blank) ZIPCODE (CA) (not formatted) 103. What is your zip code? Enter the five digit number Don't know/Not sure 77777 Refused 99999 IF SEX=1 Go to FLUSHOT2 (CDC-C, modified lead-in) HADMAM YESNO. (Note: asked of all women) 104. I would like to ask you a few questions about a medical exam called a mammogram. A mammogram is an x-ray of the breast to check for cancer and involves pressing the breast between 2 plastic plates. Have you ever had a mammogram? 1. Yes 2. No (Go to HADCBE) 7. Don't know/Not sure (Go to HADCBE) 9. Refused (Go to HADCBE) HOWLONG2 (CDC-C) HOWLNGC.

105. How long has it been since you had your last mammogram?

## (Read only if necessary)

Within the past year
 Within the past 2 years
 Within the past 3 years
 Within the past 3 years
 Within the past 5 years
 (more than 1 year to 2 years)
 (more than 2 years to 3 years)
 (more than 3 years to 5 years)

- 5. More than 5 years ago
- 7. Don't know/Not sure
- Refused

## WHYDONE (CDC-C)

WHYDONE.

- 106. Was your last mammogram done as part of a routine checkup, because of a breast problem, or because you've already had breast cancer?
  - 1. Routine checkup
  - 2. Breast problem
  - 3. Had breast cancer
  - 7. Don't know/Not sure
  - Refused

HADCBE (CDC-C)

YESNO.

107. A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps.

#### Have you ever had a clinical breast exam?

1. Yes

2. No (Go to HADPAP)

Don't know/Not sure (Go to HADPAP)
 Refused (Go to HADPAP)

## WHENCBE (CDC-C)

HOWLNGC.

108. How long has it been since your last breast exam?

(Read only if necessary)

Within the past year
 Within the past 2 years
 Within the past 3 years
 Within the past 5 years
 Within the past 5 years
 (more than 0 years to 1 years)
 (more than 2 years to 3 years)
 (more than 3 years to 5 years)

- 5. More than 5 years ago
- 7. Don't know/Not sure
- 9. Refused

WHYCBE (CDC-C) WHYCBE.

- 109. Was your last breast exam done as part of a routine checkup, because of a breast problem, or because you've already had breast cancer?
  - 1. Routine Checkup
  - 2. Breast problem other than cancer
  - 3. Had breast cancer
  - 7. Don't know/Not sure
  - 9. Refused

## HADPAP (CDC-C, modified lead-in)

YESNO.

110. A Pap smear is a test where material is taken from the cervix, that is the mouth of the womb, to see if any cancer cells are present.

## Have you ever had a Pap smear?

1. Yes

2. No (Go to HYSTER2)

7. Don't know/Not sure (Go to HYSTER2) 9. Refused (Go to HYSTER2)

## WHENPAP2 (CDC-C)

HOWLNGC.

111. How long has it been since you had your last Pap smear?

(Read only if necessary)

Within the past year
 Within the past 2 years
 Within the past 3 years
 Within the past 5 years
 Within the past 5 years
 (more than 1 year to 2 years)
 (more than 2 years to 3 years)
 (more than 3 years to 5 years)

- 5. More than 5 years ago
- 7. Don't know/Not sure
- Refused

#### WHYPAP (CDC-C, modified wording)

WHYPAP.

- 112. Was your last Pap smear done as part of a routine exam, or to check a problem, or for some other reason?
  - 1. Routine exam
  - 2. Check current or previous problem
  - Other
  - 7. Don't know/Not sure
  - Refused

	(CDC-C) e you had a hysterectomy (that	is, an operation to remove the ute	YESNO. erus/womb)?
1. 2.	Yes No	(Go To FLUSHOT2)	
7. 9.	Don't know/Not sure Refused		
	5 go to PREGNANT 45 go to FLUSHOT2		
	T (CDC-C) our knowledge, are you now p	regnant?	YESNO.
1. 2.	Yes No		
7. 9.	Don't know/Not sure Refused		
	2 (CDC-RC) ng the past 12 months, have ye	ou had a flu shot?	YESNO.
1. 2.	Yes No		
7. 9.	Don't know/Not sure Refused		
	D (CA-R2K Obj.20.10, new) past 12 months, did your doc	tor tell you that you had pneumon	YESNO. ia?
1. 2.	Yes No	(Go To PNEUMVAC)	
7. 9.	Don't know/Not sure Refused	(Go To PNEUMVAC) (Go To PNEUMVAC)	
JMDA <b>How</b>	Y (CA-R2K Obj.20.10, new)  many days were you sick with	n pneumonia?	TYPE I.
	_ Enter number of Days		
77.	Don't know/Not sure		

99. Refused

		C (CDC-RC) you ever had a pneumonia vaccin	ation?	YESNO.
	1. 2.	Yes No		
	7. 9.	Don't know/Not sure Refused		
		(CA-IMMUN) you ever had a tetanus shot?		YESNO.
	1. 2.	Yes No	(Go to ORALCAN)	
	7. 9.	Don't know/Not sure Refused	(Go to ORALCAN) (Go to ORALCAN)	
		(CA-IMMUN) long ago did you have your last te	tanus shot? (Your best guess	HOWLNGE. is fine.)
		(Read if necessary)		
	1. 2. 3.	Within the past 10 years Between 10 and 20 years ago (mo More than 20 years ago	(0 years to 10 years) are than 10 years to 20 years)	
	7. 9.	Don't know/Not sure Refused		
121.		(CA-IMMUN) rou get the shot as part of routine on?	e care, after an injury, for tra	WHYTET. vel abroad, or for some
	1. 2. 3. 4.	Routine Care Injury Travel abroad Other (specify)		
	7. 9.	Don't know/Not sure Refused		
		(CA-DH YR2k Obj 13.7 NEW)  you ever heard of a test or exam f	or oral or mouth cancer?	YESNO.
	1. 2.	Yes No		
	7. 9.	Don't know/Not sure Refused		

pulls	on								the doctor or dentist under the tongue and
	1. 2.	Yes No		(G	o To Ol	RALS	IGN)		
	7. 9.	Don't know/n Refused	ot sure		o To Ol o To Ol				
	What		2k Obj 13.7, N important rea		hy you	nevei		LREAS. oral cancer e	exam? (please do not
	1. 2. 3. 4. 5. 6. 7.	Not needed/f Put it off/lazir Costs too mu Doctor/dentis Don't go to d	ever thought at naven't had an ness uch/no insurand t didn't recomi octors or denti (Specify)	y proble ce mend it st/don't	ems like it		nould ORT:	XT1	
	77. 99.	Don't know/n Refused	ot sure						
ORAL 125.	What	is one early	c Obj 13.7, NE sign of oral o er categories. I	r moutl			st fits respo	ORALSIG	
	1. 2. 3. 4. 5.	Red patches Sore/lesion in Bleeding in the	es in the mouth in the mouth when the mouth when the mouth (Specify)	vhich ar nich doe	e not pa es not he	ainful eal	II ORT:	XT2	
	7. 9.	Don't know/n Refused	ot sure						
126. <b>gettin</b>	I am ig	going to rea		nings w or each		se, te lip ca	Il me if y		person's chance of ncreases a person's
	1. 2. 3. 4. 5.	Eating hot sp Regular alco Tobacco use	hol drinking		1 1 1 1	2 2 2 2	7 7 7 7 7 7	9 9 9 9 9 9	ORALSUN ORALHOT ORALALC ORALTAB ORALBIT

#### PERIDONT(CA-DH-YR2k Obj 13.6, NEW)

YESNO.

- 127. Periodontal disease is a condition that attacks the bone and tissues around the teeth. Have you ever been told by a dentist that you have periodontal disease?
  - 1. Yes
  - 2. No
  - 7. Don't know/not sure
  - 9. Refused

If AGE GE 40 go to HADSTLHM If AGE LT 40 go to AIDSGRD3

HADSTLHM(CDC 97, new)

YESNO.

(Note: Asked only of persons age 40 and over.)

- 128. A blood stool test is a test that may use a special kit at home to determine whether the stool contains blood. Have you ever had this test using a home kit?
  - 1. Yes

2. No (Go to HADSIG)

7. Don't know/Not sure (Go to HADSIG)
9. Refused (Go to HADSIG)

WHENSTO2 (CDC 97, new)

WHEN.

129. When did you have your last blood stool test using a home kit?

(Read only if necessary)

1. Within the past year (0 years to 1 year)

2. Within the past 2 years (more than 1 year to 2 years)
3. Within the past 5 years (more than 2 years to 5 years)

- 4. 5 or more years ago
- 7. Don't know/Not sure
- 9. Refused

HADSIG (CDC,CA-modified)

YESNO.

(Note: Asked only of persons age 40 and over.)

- 130. A SIGMOIDOSCOPY or PROCTOSCOPY is when a tube is inserted in the rectum to view the bowel for signs of cancer and other health problems. Have you ever HAD this exam?
  - 1. Yes

2. No (Go to PSAHEAR)

7. Don't know/Not sure (Go to PSAHEAR)
9. Refused (Go to PSAHEAR)

WHENSIG2 (CDC,CA-modified) WHENB.

### 131. When did you have your last sigmoidoscopy or protoscopy?

(Read only if necessary)

1. Within the past year (0 years to 1 year)

2. Within the past 2 years3. Within the past 3 years(More than 1 year to 2 years)(more than 2 year to 3 years)

4. Within the past 5 years (more than 3 years to 5 years)

5. More than 5 years ago

- 7. Don't know/Not sure
- 9. Refused

These next questions are about a blood test to check for prostate cancer. This test may also be called PSA or Prostate Specific Antigen.

PSAHEAR (CA-CSS)

YESNO.

(Note: Asked of males only.)

132. Have you ever HEARD of a blood test to check for prostate cancer?

1. Yes

2. No (Go to AIDSGRD3)

7. Don't know/Not sure (Go to AIDSGRD3)
9. Refused (Go to AIDSGRD3)

PSAHAD (CA-CSS)

YESNO.

133. Have you ever HAD a blood test to check for prostate cancer?

1. Yes

2. No (Go to AIDSGRD3)

7. Don't know/Not sure (Go to AIDSGRD3) 9. Refused (Go to AIDSGRD3)

PSAWHEN (CA-CSS)

WHEN.

134. When did you have your last blood test to check for prostate cancer?

(Read only if necessary)

1. Within the past year (0 years to 1 year)

2. Within the past 2 years (more than 1 year to 2 years)
3. Within the past 5 years (more than 2 years to 5 years)

4. More than 5 years ago

7. Don't know/Not sure

9. Refused

PSAWHY (CA-CSS)

WHYDONE.

135. Was your last blood test for prostate cancer done as part of a routine checkup, because of a prostate problem, or because you've already had prostate cancer?

- 1. Routine checkup
- 2. Prostate problem
- 3. Prostate cancer
- 7. Don't know
- 9. Refused

#### **AIDINTRO**

IF AGE LT 45 go to AIDSGRD3 IF AGE GE 45 go to SUN15MIN

The next few questions are about HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

AIDSGRD3 (CDC-C; modified selection criteria)

Type XXI.

136. If you had a child in school, at what grade do you think he or she should begin receiving education about HIV infection and AIDS?

\_ Enter grade

- 55. Kindergarten
- 88. Never
- 77. Don't know
- 99. Refused

CONDUSE2 (CDC-C; modified selection criteria)

CONDUS.

- 137. If you had a teenager who was sexually active, would you encourage him or her to use a condom?
  - 1. Yes
  - 2. No
  - 3. Would give other advice
  - Don't know/Not sure
  - 9. Refused

GETAIDS2 (CDC-C; modified selection criteria)

**GETAIDS** 

138. What are your chances of getting infected with HIV, the virus that causes AIDS? Would you say: High, Medium, Low, or None?

- 1. High
- 2. Medium
- 3. Low
- 4. None
- 5. Not applicable
- 7. Don't know/Not sure
- 9. Refused

	1. 2.	Yes No	(Go to LASTTST2)	
	7. 9.	Don't know/Not sure Refused		
		(CDC-C; modified selection criteria) you donated blood since March 198	35?	YESNO.
	1. 2.	Yes No	(Go to HIVCHG)	
	7. 9.	Don't know Refused	(Go to HIVCHG) (Go to HIVCHG)	
		(CDC-C; modified selection criteria) n did you last donate blood?		Type XVI
		Probe for month and year Ex. june of 1990 = 0690) onth is unknown use code 77: unknown	(Go to HIVCHG) month, 1988=7788)	
		Don't know/Not sure Refused	(Go to HIVCHG) (Go to HIVCHG)	
IF AID	STST3	NE 1 go to HIVCHG		
		(CDC-C; modified selection criteria) n was your last blood test for HIV?	Type XVI	
	Probe for month and year (Ex. june of 1990 = 0690) (if month is unknown use code 77: unknown month, 1988=7788)			
	7777 9999			

139. Have you ever had your blood tested for HIV?

# REASTST2 (CDC-C, modified response categories)

REASTEST.

### 143. What was the main reason you had your last blood test for HIV?

(Read only if necessary)

- For hospitalization or surgical procedure 1.
- To apply for health insurance 2.
- To apply for life insurance 3.
- 4. For employment
- To apply for a marriage license 5.
- For military induction or military service 6.
- 7. For immigration
- 8. Just to find out if you were infected
- Because of referral by a doctor 9.
- 10. Because of pregnancy
- Referred by your sex partner 11.
- Because it was part of a blood donation process 12.
- 13. For routine checkup
- Because of occupational exposure 14.
- Because of illness 15.
- 16. Because I am at risk for HIV
- 77. Don't know/Not sure (Don't Read)
- 87. Other reason
- 99. Refused (Don't Read)

# WHERTST3 (CDC-C; modified selection criteria #7)

WHERETST.

(Go to HIVCHG)

# 144. Where did you have your last blood test for HIV?

(Read only if necessary)

- 1. Private doctor, HMO
- 2. Blood bank, plasma center,
  - Red Cross
- 3. Health department
- 4. AIDS clinic, counseling, testing site
- Hospital, emergency room, 5. outpatient clinic
- 6. Family planning clinic
- 7.
- Tuberculosis clinic 8.
- STD clinic 9.
- 10. Community health clinic
- 11. Clinic run by employer

- 12. Insurance company clinic
- 13. Other public clinic
- 14. Drug treatment facility
- 15. Military induction or military service site
- 16. Immigration site
- 17. At home, home visit by nurse or health worker
- Prenatal clinic/obstetrician's office 18. At home, using self-test or sampling kit
  - 19. In iail or prison
  - 77. Don't know/Not sure (Don't read)
  - 87. Other
  - 99. Refused (Don't read)

## TSTRESLT (CDC-C)

YESNO.

# 145. Did you receive the results of your last test?

- Yes
- 2. No (Go to HIVCHG)
- Don't know (Go to HIVCHG) 7. Refused (Go to HIVCHG)

COUNSEL3 (CDC-C)

YESNO.

146. Did you receive counseling or talk with a health care professional about the results of your test?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

HIVCHG (CDC-C)

HIVCHG.

147. Due to what you know about HIV, have you changed your sexual behavior in the last 12 months?

1. Yes

No
 Not applicable (celibate)
 (Go to SUN15MIN)
 (Go to SUN15MIN)

7. Don't know/Not sure (Go to SUN15MIN) 9. Refused (Go to SUN15MIN)

Did you make any of the following changes in the last 12 months?

HIVCHG6 (CDC-C-new)

YESNO

148. Did you decrease the number of your sexual partners or become abstinent?

- 1. Yes
- 2. No
- 7. Don't know
- 9. Refused

HIVCHG7 (CDC-C new)

YESNO.

149. Do you now have sexual intercourse with only the same partner?

- 1. Yes
- 2. No
- 7. Don't know
- 9. Refused

HIVCHG8 (CDC-C new)

YESNO.

150. Do you now always use condoms for protection?

- 1. Yes
- 2. No
- 7. Don't know
- Refused

If ORACE2 EQ 1 AND HISPANIC EQ 2 go to SUN15MIN IF ORACE2 NE 1 OR HISPANIC NE 2 go to ASTHMA

SUN15MIN (CA-CCS)

Type

VII

(Note: Asked of Non-hispanic Whites only.)

- 151. During the past 30 days, on how many days did you spend at least 15 minutes outside in the sun?
  - \_\_ Enter number of days
  - 30. Every day
  - 77. Don't know/Not sure
  - 99. Refused

SUNAVOID (CA-CSS) SUNAVOID.

- 152. How often do you avoid going out in the sun between 10 am and 4 pm: Would you say always, almost always, sometimes, seldom, or never?
  - 1. Always
  - 2. Almost always
  - 3. Sometimes
  - 4. Seldom
  - 5. Never
  - 7. Don't know/Not sure
  - 9. Refused

IF SUN15MIN EQ 1 to 30 go to SUNSCRN IF SUN15MIN NE 1 to 30 go to ASTHMA

SUNSCRN (CA-CSS) SUNAVOID.

- 153. A sunscreen is a lotion with a sun protection factor, also known as SPF. During the past 30 days, when you went outside in the sun for 15 minutes or more, would you say you used a sunscreen always, almost always, sometimes, seldom, or never?
  - 1. Always
  - 2. Almost always
  - 3. Sometimes
  - 4. Seldom
  - 5. Never
  - 7. Don't know/Not sure
  - 9. Refused

SUNCLOTH (CA-CSS)

SUNAVOID.

- 154. Some people keep the sun from reaching their skin when they go outside by using protective clothing such as a hat or long sleeves. During the past 30 days, when you went outside in the sun for 15 minutes or more, would you say you wore protective clothing always, almost always, sometimes, seldom, or never?
  - 1. Always
  - 2. Almost always
  - 3. Sometimes
  - 4. Seldom
  - 5. Never
  - 7. Don't know/Not sure
  - 9. Refused

SUNLAMP (CA-CSS)

YESNO.

155. During the past 30 days, have you used a sun lamp or tanning booth?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

SKINTONE (CA-CSS)

SKINTONE.

156. Would you say your complexion, that is your skin tone, is fair, medium, or dark?

- 1. Fair
- 2. Medium
- 3. Dark
- 7. Don't know
- 9. Refused

Now I would like to ask you some questions about allergies.

ASTHMA (CA-EHIB, 95; YR2K Obj. 17.4)

YESNO.

157. Have you ever experienced or been told by a doctor that you had asthma?

- 1. Yes
- 2. No
- 7. Don't know
- 9. Refused

HAYFEVER (CA-EHIB, 95)

YESNO.

158. Do you ever get hayfever symptoms such as sneezing and red eyes?

- 1. Yes
- 2. No
- 7. Don't know
- 9. Refused

Now I would like to ask you about firearms.

HAVEGUN (CA-EPIC)

YESNO.

1. Yes 2. No (Go to DRNKANY1) 7. Don't know/Not sure (Go to DRNKANY1) 9. Refused (Go to DRNKANY1) GUNGT1 YESNO. (CA-EPIC) 160. Is there more than one gun in your house? 1. Yes 2. No 7. Don't know 9. Refused YESNO. RIFLE (CA-EPIC) 161. (If there is one gun ask:) Is the gun a rifle? (If there is more than one gun ask:) Are any of the guns rifles? 1. Yes (if GUNGT1=2, go to DRNKANY1) 2. No 7. Don't know/Not sure Refused 9. SHOTGUN (CA-EPIC) YESNO. 162. (If there is one gun ask:) Is the gun a shotgun? (If there is more than one gun ask:) Are any of the guns shotguns? Yes (if GUNGT1=2, go to DRNKANY1) 1. 2. No 7. Don't know/Not sure 9. Refused HANDGUN3 (CA-EPIC) YESNO. 163. (If there is one gun ask:) Is the gun a handgun? (If there is more than one gun ask:) Are any of the guns handguns? 1. Yes 2. No (Go to DRNKANY1) 7. Don't know/Not sure (Go to DRNKANY1) Refused 9. (Go to DRNKANY1) IF GUNGT1 EQ 2 go to LOCKED2 IF GUNGT1 NE 2 go to NUMGUNS NUMGUNS (CA-EPIC) Type VII 164. How many handguns are there in your household?

(If GUNGT1=2 go to LOCKED2)

enter number 77. Don't know 99. Refused LOCKED2 (CA-EPIC) YESNO. 165. Guns are sometimes kept locked up by using a trigger lock or by keeping the gun locked in a cabinet, drawer, box, or other locked container. (If GUNGT1=2 then ask:) Is the handgun ever kept locked up? (If NUMGUNS ne 1, 77, or 99 then ask:) Are any of the handguns ever kept locked up? 1. Yes 2. Nο (Go to LOADED2) 3. Refused to continue with gun module (Go to DRNKANY1) 7. Don't know/Not sure (Go to LOADED2) 9. Refused (Go to LOADED2) LOCKNOW2 (CA-EPIC) YESNO. 166. (If NUMGUNS=1 then ask:) Is the handgun locked up now? (If NUMGUNS ne 1, 77 or 99 then ask:) Are any of the handguns locked up now? 1. Yes 2. No 3. Refused to continue with gun module (Go to DRNKANY1) Don't know/Not sure 7. 9. Refused LOADED2 (CA-EPIC) YESNO. 167. (If NUMGUNS=1 then ask:) Is the handgun loaded now? (If NUMGUNS ne 1 then ask:) Are any of the handguns loaded now? 1. Yes 2. No Refused to continue 3. with gun module (Go to DRNKANY1) 7. Don't know/Not sure Refused

WHY		(CA-EPIC)		WHYGUN.
168.	`	JMGUNS=1 then ask:) t is the most important reason a hand	daun is kept in vour househo	old?
	(If NUMGUNS ne 1, 77, or 99 then ask:)			
	Wha	t is the most important reason hando	juns are kept in your househ	nold?
	1. 2. 3.	Safety/self-protection Requirement of employment for some Hunting	one in the household	
	4. 5.	Target practice/hobby/gun collector/red Other (specify)>	creation (other than hunting) WHYGNTXT (Text)	
	7. 9.	Don't know Refused		
GUN				YESNO.
169.	Has	JNGT1=1, ask:) <b>the handgun ever been used to shoo</b> JNGT1 ne 1, 77, or 99 then ask:)	t at or scare off an intruder?	
		any of the handguns ever been use	d to shoot at or scare off an	intruder?
	1.	Yes		
	2.	No		
	3.	Refused to continue with gun module		
	7. 9.	Don't know/Not sure Refused		
Finally, I would like to ask you a few questions about alcohol use.				
DRNKANY1 (CDC-RC)  170. During the past month, have you had a least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor?				
	1. 2.	Yes No	(Go to RIDEDRNK)	
	7. 9.	Don't know/Not sure Refused	(Go to RIDEDRNK) (Go to RIDEDRNK)	
DRKBEER (CA-ADP; module below originally from 1988 CDC-C; YR2k Obj. 4.8) Type II 171. During the past month, how many days per week or per month did you drink any beer?				
	101-107 = days per week 201-231 = days per month			
	Enter Days per week or per month			
	777.	None Don't know/Not sure Refused	(Go to DRKWINE) (Go to DRKWINE) (Go to DRKWINE)	

	EROCC (CA-ADP)  On the days when you drar	ık beer, about how many l	BEERS did you drink o	Type I on the AVERAGE?
	Enter Number of drinks	(One half= .5) (ve	erify if GT 11)	
	88 None 77. Don't know/Not sure 99. Refused			
	VINE (CA-ADP)  During the past month, how	v many days per week or	per month did you drii	Type II nk any wine?
	101-107 = days per week 201-231 = days per month			
	Enter Days per wer 777. Don't know/Not sure 888. Never or none 999. Refused	(Go to	o DRKLIQR) o DRKLIQR) o DRKLIQR)	
	IEOCC (CA-ADP) On the days when you dra AVERAGE?	nk wine, about how man	y glasses of WINE did	Type I d you drink on the
	Enter Number of drinks	(One half= .5)	(verify if GT 11)	
	<ul><li>88. None</li><li>77. Don't know/Not sure</li><li>99. Refused</li></ul>			
DRKLIQR (CA-ADP) Type II 175. During the past month, how many days per week or per month did you drink any LIQUOR?				
	101-107 = days per week 201-231 = days per month			
	Enter Days per week or 777. Don't know/Not sure 888. Never or none 999. Refused	(Go to	o DRINKGE5) o DRINKGE5) o DRINKGE5)	
	ROCC (CA-ADP)  On the days when you d  AVERAGE?	rank LIQUOR, about ho	w many DRINKS did	Type I you have on the
	Enter Number of drinks	(One half= .5)	(verify if GT 11)	
	<ul><li>88. None</li><li>77. Don't know/Not sure</li><li>99. Refused</li></ul>			

DRIN	KGE5	5 (CDC-RC)		Type VII
177.		sidering all types of alcoholic beverages	, how many times dur	ing the past month did
	you	have 5 or more drinks on an occasion?		
		_ Enter Number of times	(verify if GT 15	)
	88.	None		
		Don't know/Not sure		
	99.	Refused		
DRIN	KDRI	(CDC-RC)		Type VII
178.		ng the past month, how many times hath to drink?	ve you driven when y	ou've had perhaps too
		_ Enter Number of times	(verify if GT 15	)
		None		
		Don't know/Not sure		
	99.	Refused		
RIDE	DRNŁ	( (CA-ADP, CDC-C in 1993)		Type VII
179.		ng the past month, how many times have much to drink?	you ridden with a drive	er who has had perhaps
		_ Enter Number of times	(verify if GT 15	)
	88.	None		
		Don't know/Not sure		
	99.	Refused		
Thes	e nex	at four questions refer to experiences you	ı may or may not have	e had with alcohol over
your	entir	e lifetime. If you have had less than 2 do not apply to you, please tell us and we	20 drinks in your life,	
ques	lions	do not apply to you, please tell us and we	will move on.	
		(CA-ADP, <b>C</b> AGE)		YNNAB.
180.	180. Have you EVER felt you ought to cut down on your drinking?			
	1.	Yes		
	2.	No	/o / \—···	( <b>15</b> )
	3. 4.	Not Applicable, had less than 20 drinks Not Applicable, discontinue CAGE module	(Go to YTHSAI (Go to YTHSAMP)	MP)
	4.	Not Applicable, discontinue CAGE module	(GU IU TITIOAIVIP)	
	7.	Don't know/Not sure		

9. Refused

# DRKANOY (CA-ADP, CAGE)

YESNO.

# 181. Have people EVER annoyed you by criticizing your drinking?

- 1. Yes
- 2. No
- 3. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

# DRKGLTY (CA-ADP, CAGE)

YESNO.

# 182. Have you EVER felt bad or guilty about your drinking?

- 1. Yes
- 2. No
- 3. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

# DRKMORN (CA-ADP, CAG*E*)

YESNO.

# 183. Have you EVER had a drink first thing in the morning to steady your nerves or get rid of a hangover?

- 1. Yes
- 2. No
- 3. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

If there is at least one child aged 11 through 17 read YTHSAMP; Else go to Closing Statement. If DIABOTH1=1 read DIABSAMP; Else go to Closing Statement.

YTHSAMP				
Your answers indicate that thereis a youth/are youths betwe	en the ages of 12 and 17			
living in this household. We would like to interviewthis youth/one of these youths part of a study on youth attitudes toward smoking and other issues.				
All answers will be kept confidential. While participation is voluntary, y cooperation of the youth in this survey is very important to the successinterview for this study?				
Closing statement:				
That's my last question. Everyone's answers will be combined to give health practices of people in this state. Thank you very much for your times.				
SPANINT (TO INTERVIEWER:) Was this interview completed in English or Spanish?	SPANINT.			
(10 http://text.) was this interview completed in English of Spanish:				

- Spanish English 1.
- 2.