# **CALIFORNIA BEHAVIORAL RISK FACTOR SURVEY, 2000**

# In Collaboration with The Center for Disease Control and Prevention's Behavioral Risk Factor Surveillance System

Final 25 January 2000

Questions about the survey should be directed to:

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INTROQ HELLO, I'm _ Sacramento.	(interviewer name) calling on from the California Department of Health Services
Is this (pho	ne number) ?
1. Yes> 2. No>	(Continue) Thank you very much, but I seem to have dialed the wrong number. (Stop)
PRIVRES Is this a priva 1. Yes> 2. No>	We're doing a study of the health practices of California residents. Your number has been chosen randomly by the California Department of Health and the National Public Health Service to represent 2,800 California households. We'd like to ask some questions about heart disease, cancer, diabetes, tobacco products and other important issues facing Californians today.
to be	tudy requires that we randomly select one adult who lives in your household interviewed. How many members of your household, including yourself, are are of age or older?
E	Enter the number of adults
NUMMEN (If NUMADUL <sup>T</sup> <b>How many ar</b>	,
E	Enter the number of men (0-9)
NUMWOMEN (If NUMADULT How many are	,
E	Enter the number of women (0-9)
(Verify: NUMM	IEN+NUMWOMEN=NUMADULT)
SELECTED (If NUMADULT The person in	Γ GT 1) In your household I need to speak with is the
Are you the _	(SELECTED) ?
	> Continue. > May I speak with the?

is

# ONEADULT (If ADULT = 1) Are you the adult?

- 1. Yes---> Then you are the person I need to speak with. All the information obtained in this study will be confidential. (Go to GENHLTH-Q1)
- 2. No ---> May I speak with him or her? (When selected adult answers:)

Hello, I'm (interviewer name) calling from the California Department of Health Services and the National Public Health Service.

We're doing a special study of California residents regarding their health practices and day-to-day living habits to guide state and federal health policies. You have been randomly chosen to represent 5,500 other {men/women} in California. This voluntary survey will take a few minutes of your time, but your participation will contribute valuable information used by state and federal health policy makers. We will collect NO information that can identify you. There is no risk to you. All information you give us will be confidential and you may refuse to answer any question. If you have any questions about this survey, I will provide a toll free telephone number for you to call to get more information.

SEX INTERVIEWER: Enter sex of respondent.

- 1. Male
- 2. Female

RESP (INTE		WER, DO NOT READ ALOUD)	Ident	tify the respondent>
	14. 15. 16. 17.	Fourth Oldest MALE Fifth Oldest MALE Sixth Oldest MALE Seventh Oldest MALE Eighth Oldest MALE	21. 22. 23. 24. 25. 26. 27. 28. 29.	Oldest FEMALE Second Oldest FEMALE Third Oldest FEMALE Fourth Oldest FEMALE Fifth Oldest FEMALE Sixth Oldest FEMALE Seventh Oldest FEMALE Eighth Oldest FEMALE Ninth Oldest FEMALE
First I	'd lik	e to ask some questions about	your	health.
GENH 1.		(CDC-C) Ild you say that in general your	healt	HEALTH. h is: Excellent, Very good, Good, Fair, or Poor?
	1. 2. 3. 4. 5.	Excellent Very good Good Fair Poor		
	7. 9.	Don't know/Not sure Refused		
PHYS 2.	Now			Type VII , which includes physical illness and injury, for how your physical health not good?
		Enter Number of days		
	88.	None		
	77. 99.	Don't know/Not sure Refused		
MENT 3.	Now	emotions, for how many days		Type VII which includes stress, depression, and problems g the past 30 days was your mental health not
		Enter Number of days		
	88.	None		

77. Don't know/Not sure99. Refused

POORHLTH (	CDC-C)
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TYPE VII

4.	During the past 30 days for about how many days did poor physical or mental health keep you from doing your usual activities such as self care, work or recreation?
	Enter Number of days

88. None

77. Don't know/Not sure

99. Refused

HAVEPLN3 (CDC-C)

YESNO.

- 5. Do you have ANY kind of health care coverage including health insurance, prepaid plans such as HMOs (health maintenance organizations) or government plans such as Medicare or Medi-Cal.
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

HLTHPLAN (CDC-C)

YESNO.

(If HAVEPLN3 = 2, 7, or 9 ask:)

6. There are some types of coverage you may not have considered. Please tell me if you have coverage through any of the following:

•	AVPLN3 = 1, ask:)  you receive health care coverage through:	Yes	No	Dk/Ns	Re	f
A.	Your employer	1	2	7	9	EMPPLAN
B.	Someone else's employer (including spouse)	1	2	7	9	OEMPLAN
C.	A plan that you or someone else buys on your own	1	2	7	9	OWNPLAN
D.	Medicare	1	2	7	9	MEDICARE
E.	Medi-Cal (Medicaid)	1	2	7	9	MEDICAL
F.	The military, CHAMPUS, Tricare, or the VA [or CHAMP-VA]	1	2	7	9	MILPLAN
G.	The Indian Health Service	1	2	7	9	INDPLAN
Н.	Some other source	1	2	7	9	OTHPLAN

IF NO "YES" R	ESPONSES A.	H GO TO	PASTPI AN

IF HLTHPLAN 6A OR 6B = 1 THEN ASK PAYPART1; ELSE GO TO MAINPLAN

## (Ask if HLTHPLAN responses A – H >1)

MAINPLAN (CDC-C)

MAINPLN.

What type of health care coverage do you use to pay for MOST of your medical care?

Is it coverage through: (Read only if necessary)

- 1. Your employer
- 2. Someone else's employer (including your spouse)
- 3. A plan that you or someone else buys on your own
- Medicare
- 5. Medi-Cal (Medicaid)
- 6. The military, CHAMPUS, Tricare, or the VA (or CHAMP-VA)
- 7. The Indian Health Service
- 8. Some other source
- 88. None (Go to PASTPLAN)
- 77. Don't know/Not sure
- 99. Refused

### **HLTHLIST (CA-UCB)**

#### HLTHLISTA.

8. Not including any supplemental and medigap health insurance, what is the name of the health plan you use to pay for most of your medical care?

1.Aetna Health Plans

2.Affordable/Health Care Compare 3.Alameda Alliance for Health

4.AM. Western Life 5.Anthem Health

6.Anthem Health Companies7.Beckwith, Hightower, & Renberg

8.Beech Street

9.Blue Cross Standard (standard insurance)

10.Blue Cross CaliforniaCare

11.Blue Cross Senior California Care

12.Blue Cross Prudent Buyer

13.Blue Shield Access+/HMO

14.Blue Cross 15.Blue Shield 16.BPS (Vivahealth) 17.Care First Health Plan

18.CareAmerica

19.CCN

20.CHAMPUS\VA\TRICARE
21.Chinese Community Health Plan

22.CIGNA Health Care

23.CNA

24.Community Health Plan 25.Community Health Group 26.Contra Costa Health Plan 27.Delta Health Care

28.Employer Self-Insured

29. Employers Health (HMO California)

30.Farm Bureau

31.Farmer's Insurance

32. Foundation Health Systems

33.Foundation

34. Foundation Senior Value

35.Golden Outlook 36.GOV. HOSP. ASSO.

37.Great Western

38.Great American Health Plan 39.Greater Pacific Healthplan

40.Guardian

41.Health Net Elect

42. Health Net Seniority Plus

43.Health Net Select

44.Health Plan of Redwoods 45.Health Plan of San Mateo 46.Health Plan of San Joaquin

47.Health Net

48.Healthcare Foundation of Superior CA 49.HMO California (Employers Health)

50.Inland Empire Health Plan 51.Inter Valley Health Plan

52.Interplan

53.John Alden Life 54.John Hancock

55. Joint Benefit Trust

56.Kaiser Foundation Health Plan, Inc.

57.Kern Health Systems 58.Key Health Plan 59.L.A. Care Health Plan 60.Lifeguard Health Plan 61.MASS. Mutual 62.Maxicare

63.MEDI-CAL 64.MEDICARE 65.MET LIFE

66.Metra Health (United Health Care)

67.Molina Medical Center 68.National Health Plan 69.New York Life 70.Northewest Nat. Life 71.Omni Healthcare Inc

72. One Health Plan of California, Inc.

73. Operating Engineers

74.OUCH

75. Pacific Health Alliance

76. Pacific Mutual Life Insurance Co.

77.PacifiCare

78.PacifiCare of California 79. PacifiCare Secure Horizons

80. PERS Care 81.PPO Alliance

82. Principal Financial Group

83. Prudential HealthCare of Ca, Inc.

84.Provident Insurance 85.Pru Net (Prudential) 86.PruCare of California

87.Qual Care

88.San Francisco Health Plan

89. Santa Clara County Health Authority 90.Santa Cruz County Health Options 91. Santa Barbara Health Initiative

92.SCAN Health Plan

93.Self Pav

94.Sharp Health Plan

95.Shield 65

96.Sierra Comm. Care

97. Solano Partnership HealthPlan

98.State Farm Ins.

99. Gallagher Basset Service PPO

100.Sutter preferred 101.Tower Health 102.Travelers

103. Tricare Prime (CHAMPUS)

104.UC Care 105.ULLICO Inc 106.Union Self-Insured

107. United Health Care (Metra Health)

108.United Health Plan

109. United Insurance Company of America

110.Universal Care, Inc. 111.Universal Health Network 112.Valley Health Plan

113. Ventura County Health Care Plan 114.Western Health Advantage

115.OTHER (Specify)

777. Don't know/Not sure

999. Refuse

#### TIMEPLAN (CA-UCB) HOWLNGD.

About how long have you had (Medicare/Medi-Cal/this particular health coverage)?

### Read only if necessary

- For less than 12 months (more tan 0 months to 12 months)
- 2. For less than 2 years (more than 1 year to 2 years)
- For less than 3 years (more than 2 years to 3 years)
- 4. For less than 5 years (more than 3 year to 5 years)
- For 5 or more years (more than 5 years ago)
- 7. Don't know/Not sure
- Refuse

HMOPPO (CA-UCB –formerly CDC-C)

YESNO.

Is there a book or list of doctors associated with your health CARE coverage? 10

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- Refused

PRIMDOCS (CA-UCB)

YESNO.

- 11. Does your (Medicare/Medi-Cal/Health coverage) require you to select a certain doctor or clinic for all your routine care?
  - 1. Yes
  - 2. No
  - 7. Don't Know/Not sure
  - 9. Refused

SATISFAC (CA-UCB)

SATISF.

- 12. Overall, how satisfied are you with your present health insurance plan? Would you say you are very satisfied, satisfied, neither satisfied nor dissatisfied, dissatisfied, or very dissatisfied?
  - 1. Very satisfied
  - 2. Satisfied
  - Neither Satisfied nor dissatisfied

(Neutral)

- 4. Dissatisfied
- 5. Very dissatisfied
- 7. Don't know/not sure
- 9. Refused

### PLANPRBA-PLANPRBF (C-UCB-NEW)

In the past twelve months, have you had any problems or difficulties with your health insurance plan for any of the following reasons? (Do not include problems with routine vision or dental care) READ LIST ONE AT A TIME IN RANDOM ORDER:

- 13. Your plan not covering some important benefits you needed YES NO DK RF PLANPR A
- 14. Delays in getting needed care

YES NO DK RF PLANPR B

15. Difficulty selecting a doctor or hospital

YES NO DK RF PLANPR C

16. Being denied care or treatment

YES NO DK RF PLANPR\_D

17. Difficulty getting a referral to a specialist

- YES NO DK RF PLANPR E
- 18. Not receiving the most appropriate medical care or what you needed YES NO DK RF PLANPR F

GAPPLN2 (CDC-C)

YESNO.

19. During the 12 months, was there any time that you did NOT have ANY health insurance or coverage?

Yes
 No
 (Go to PAYNOGO)
 (Go to PAYNOGO)

7. Don't know (Go to PAYNOGO) 9. Refused (Go to PAYNOGO)

PASTPLAN (CDC-C) HOWLNGB.

20. About how long has it been since you had health care coverage?

Read Only if Necessary

Within the past 6 months
 Within the past year
 Within the past 2 years
 Within the past 5 years
 Within the past 5 years
 (more than 0 months to 6 months)
 (more than 1 year to 2 years)
 (more than 2 years to 5 years)

- 5. More than 5 years ago
- 7. Don't know/Not sure

- 8. Never
- 9. Refused

### WHYNOPLA, WHYNOPLB, WHYNOPLC (CA-UCB)

WHYNOPB.

21. Many people do not have health insurance for various reasons. How important are each of the following in explaining why YOU are not covered by any health insurance?

			Very im- portant		Not im- portant		Refused
WH	YNOPLA						
1.	You, your spouse or your parent lost a job or changed employers? Would you say this reason is very important, important or not important?	1	2	3	7	9	
WH	YNOPLB						
2.	Insurance wasn't offered by the employer? Would you say this reason is very important, important or not important?	1	2	3	7	9	
WH	YNOPLC						
3.	Insurance costs too much? Would you say this reason is very important, important or not important?		1	2	3	7	9

TRYPLN2 (CA-UCB)

YESNO.

- 22. You indicated that you are not currently covered by health insurance. Have you tried to find any PRIVATE health insurance coverage for yourself or your family in the last year?
  - 1. Yes
  - 2. No
  - 7. Don't know
  - 9. Refused

PAYNOGO (CDC-C)

YESNO.

- 23. Was there a time during the last 12 months when you needed to see a doctor, but could not because of the cost?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

CHECKUP (CDC-C; state added lead-in)

HOWLNGC.

24. Some people visit a doctor for a routine checkup, even though they are feeling well and have not been sick. About how long has it been since you last visited a doctor for a routine checkup?

(Read only if necessary)

1. Within the past year (0 years to 1 year)

2. Within the past 2 years (more than 1 year to 2 years)

3. Within the past 5 years (more than 2 years to 5 years)

4. More than 5 years ago

7. Don't know/Not sure

8. Never

9. Refused

### ASTHEVER (CDC-NEW- EMERGING CORE)

YESNO.

25. Did a doctor ever tell you that you had asthma?

1. Yes

2. No (Go to DIABCOR1)

7. Don't know/Not sure (Go to DIABCOR1)
9. Refused (Go to DIABCOR1)

ASTHNOW (CDC-NEW-EMERGING CORE)

YESNO.

- 26. Do you still have asthma?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

ASTH12 (NEW-EHIB)

YESNO.

- 27. During the past 12 months, have you had an episode of asthma or an asthma attack?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

DIABCOR1 (CDC-C, modified wording; YR2k Obj 17.11)

DIABCORA.

- 28. Next I would like to ask you about diabetes, sometimes called sugar diabetes. Have you ever been told by a doctor that you have diabetes?
  - 1. Yes

2. No (Go to CAREGIVE)

3. Gestational diabetes (if woman volunteers she had diabetes

during pregnancy)

7. Don't know/Not sure (Go to CAREGIVE)

9. Refused (Go to CAREGIVE)

If SEX EQ 1 go to DIABAGE If SEX EQ 2 go to DIABGEST

DIABGEST (CA, 95)

YESNO.

29. Was this ONLY while you were pregnant?

1. Yes (Go to CAREGIVE)

2. No (Includes never been pregnant)

- 7. Don't know/Not sure
- 9. Refused

DIABAGE (CA-DBCP, from 1996 CDC module, DK/REFs coded differently per 1994 CDC-C) (Note: Asked if SEX=1 and DIABCOR1=1, or SEX=2 and DIABCOR1=1 and DIABGEST ne 1)

30. How old were you when you were told you have diabetes? TYPE XV

- Enter age in years
- 97. Don't know/Not sure
- 99. Refused

DIABINS (CA-DBCP, from 2000 CDC module)

YESNO.

- 31. Are you now taking insulin?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

DIABPILL (CA-DBCP, from 2000 CDC module, NEW)

YESNO.

- 32. Are you now taking diabetes pills?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

CHKGLU (CA-DBCP, from 2000 CDC module)

Type XIX.

33. About how often do you check your blood for glucose or sugar? Include times when checked by a family member or friend, but do not include times when checked by a health professional.

1xx = times per day

(verify if GT 105)

2xx = times per week

(verify if GT 235)

3xx = times per month

4xx = times per year

555 = Never

777 = Don't know

999 = Refused

CHKS	SORE2 (CA-DBCP, from 2000 CDC module)	Type I
34.	About how often do you check your feet for	r any sores or irritations? Include times when
		do not include times when checked by a health
	professional.	
	1xx = times per day	(verify if GT 105)
	2xx = times per week	(verify if GT 235)
	3xx = times per month	
	4xx = times per year	
	555 = No Feet	
	888 = Never	
	777 = Don't know	
	999 = Refused	
	SORE (CA-DBCP, from 2000 CDC module, NE	
35.		on your feet that took more than four weeks to
	heal?	
	1. Yes	
	2. No	
	<ol><li>Don't know/Not sure</li></ol>	
	9. Refused	
DIVDI	DOC2 (CA-DBCP, from 1996 CDC module, co	ding is not 1004 CDC C). Type I
36.	About how many times in the past 12 mont	
00.	health professional for your diabetes?	ins have you seen a doctor, harse, or other
	nount protocontainer your diabotoo.	
	number of times	(verify if GT 12)
	88. None	(Go to VISCHK2)
	77. Don't know	(Go to VISCHK2)
	99. Refused	(Go to VISCHK2)
DIARI	DOCC (CA-DBCP, from 1996 CDC module; cod	ded per 1994 CDC-C) Type I
37.	A test for hemoglobin "A one C" measures	
		in the past 12 months has a doctor, nurse, or
		glycosylated hemoglobin or hemoglobin "A
	one C"?	
	number of times	(verify if GT DIABDOC2)
	88. None	
	77. Don't know	
	77. DOLLKIOW	

99. Refused

CHKSORE (CA-DBCP, from 1996 CDC module; coded per 1994 CDC-C)Type I (Note: asked if DIABDOC2 ne 88) 38. About how many times in the past 12 months has a health professional checked your feet for any sores or irritations? number of times (verify if GT DIABDOC2) 88. None 77. Don't know 99. Refused VISCHK2 (CA-DBCP, from 1996 CDC module, modified response categories) VISCHKB. When was the last time you had an eye exam in which the pupils were dilated? This would have made you temporarily sensitive to bright light. (more than 0 months to 1 month) 1. Within the past month 2. Within the past year (more than 1 month to 1 year) 3. Within the past 2 years (more than 1 year to 2 years) 4. More than 2 years ago 7. Don't know/Not sure 8. Never Refused 9. YESNO. RETINHAD (CA-DBCP, from 2000 CDC module NEW) Has a doctor ever told you that diabetes has affected your eyes or that you had retinopathy? 1. Yes 2. No 7. Don't know/Not sure 9. Refused DIABCRSE (CA-DBCP, from 2000 CDC module NEW) YESNO. Have you ever taken a course or class in how to manage your diabetes yourself?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

### CAREGIVE (CDC-emerging core NEW)

YESNO.

- 42. There are situations where people provide regular care or assistance to a family member or friend who is elderly or has a long-term illness or disability. During the past month, did you provide any such care or assistance to a family member or friend who is 60 years of age or older?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

CAREWHO (CDC-emerging core NEW)

43. Who would you call to arrange short or long-term care in the home for an elderly relative or friend who was no longer able to care for themselves?

(Read Only if Necessary)

- 1. Relative or friend
- 2. Would provide care myself
- 3. Nursing home
- 4. Home health service
- 5. Personal physician
- 6. Area Agency on Aging
- 7. Hospice
- 8. Hospital nurse
- 9. Minister/priest/rabbi
- 10. Other
- 77. Don't know who to call/NS
- 99. Refused

The next few questions are about exercise, recreation, or physical activities OTHER THAN your REGULAR JOB duties.

EXERANY (CDC-RC00; YR2k Obj. 1.2/2.3/15.10)

YESNO.

- 44. During the past MONTH, did you participate in any PHYSICAL ACTIVITIES or EXERCISES such as running, calisthenics, golf, gardening or walking for exercise?
  - 1. Yes

No
 Go to SMOKE100)
 Don't Know / Not Sure
 Go to SMOKE100)

9. Refused (Go to SMOKE100)

### EXERACT1 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11)

### EXERACT.

# 45. What type of physical activity or exercise did you spend the most time doing during the past MONTH?

- 01. Aerobics class
- 02. Backpacking
- 03. Badminton
- 04. Basketball
- 05. Bicycling for pleasure
- 06. Boating (canoeing, rowing, sailing for pleasure or camping)
- 07. Bowling
- 08. Boxing
- 09. Calisthenics
- 10. Canoeing/rowing in competition
- 11. Carpentry
- 12. Dancing-aerobics/ballet
- 13. Fishing from river bank or boat
- 14. Gardening (spading, weeding, digging, filling)
- 15. Golf
- 16. Handball
- 17. Health club exercise
- 18. Hiking cross-country
- 19. Home exercise
- 20. Horseback riding
- 21. Hunting large game deer, elk
- 22. Jogging
- 23. Judo/karate
- 24. Mountain climbing
- 25. Mowing lawn
- 26. Paddleball
- 27. Painting/papering house
- 28. Racquetball
- 29. Raking lawn
- 30. Running/running on a treadmill
- 31. Rope skipping
- 32. Scuba diving
- 33. Skating ice, roller or in-line
- 34. Sledding, tobogganing
- 35. Snorkeling
- 36. Snowshoeing
- 37. Snow shoveling by hand
- 38. Snow blowing
- 39. Snow skiing
- 40. Soccer
- 41. Softball
- 42. Squash
- 43. Stair climbing
- 44. Stream fishing in waders
- 45. Surfing
- 46. Swimming laps
- 47. Table tennis
- 48. Tennis

- 49. Touch football
- 50. Volleyball
- 51. Walking/walking on a treadmill
- 52. Water-skiing
- 53. Weight lifting
- 54. Other (specify)\_\_\_\_\_EXERTXT2 (Text)
- 55. Bicycling machine exercise
- 56. Rowing machine exercise
- 99. Refused (Go to EXEROTH2)

If EXERACT1 EQ JOG, RUN, SWIM, or WALK go to EXERDIS If EXERACT1 NE JOG, RUN, SWIM, or WALK go to EXEROFT EXERDIS1 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) (not formatted) How far did you usually JOG|RUN|SWIM|WALK? EXAMPLE: one half mile is coded as 0.5 1 mile is coded as 1.0 (verify if GT 8 miles) Enter distance 777. Don't Know/ Not Sure 999. Refused EXEROFT (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) Type III How many times per WEEK or per MONTH did you take part in this activity during the past month? 1xx = enter #times a week (verify if GT 107) 2xx = enter #times a month (verify if GT 230) 777. Don't Know / Not Sure 999. Refused EXERHMM1 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) (not formatted) And when you took part in this activity, for how many minutes or hours did you usually keep at it? **EXAMPLE:** for 30 MINUTES ENTER 30 for AN HOUR AND 30 MINUTES ENTER 130) \_ ENTER HOURS/MINUTES OR MINUTES ONLY (verify if GT 530) 7777. Don't Know / Not Sure 9999. Refused EXEROTH2 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) YESNO. Was there another physical activity or exercise that you participated in during the last month? 1. Yes 2. No (Go to SMOKE100) 7. Don't Know / Not Sure (Go to SMOKE100)

(Go to SMOKE100)

9.

Refused

### EXERACT2 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) EXERACT.

# 50. What other type of physical activity gave you the next most exercise during the past MONTH?

- 01. Aerobics class02. Backpacking
- 03. Badminton
- 04. Basketball
- 05. Bicycling for pleasure
- 06. Boating (canoeing, rowing, sailing for pleasure or camping)
- 07. Bowling 08. Boxing
- 09. Calisthenics
- 10. Canoeing/rowing in competition
- 11. Carpentry
- 12. Dancing-aerobics/ballet
- 13. Fishing from river bank or boat
- 14. Gardening (spading, weeding, digging, filling)
- 15. Golf
- 16. Handball
- 17. Health club exercise18. Hiking cross-country
- 19. Home exercise
- 20. Horseback riding
- 21. Hunting large game deer, elk
- 22. Jogging
- 23. Judo/karate
- 24. Mountain climbing
- 25. Mowing lawn
- 26. Paddleball
- 27. Painting/papering house

- 28. Racquetball
- 29. Raking lawn
- 30. Running/running on a treadmill
- 31. Rope skipping
- 32. Scuba diving
- 33. Skating ice, roller or in-line
- 34. Sledding, tobogganing
- 35. Snorkeling
- 36. Snowshoeing
- 37. Snow shoveling by hand
- 38. Snow blowing
- 39. Snow skiing
- 40. Soccer
- 41. Softball
- 42. Squash
- 43. Stair climbing
- 44. Stream fishing in waders
- 45. Surfing
- 46. Swimming laps
- 47. Table tennis
- 48. Tennis
- 49. Touch football
- 50. Volleyball
- 51. Walking/walking on a treadmill
- 52. Water-skiing
- 53. Weight lifting
- 54. Other (specify) EXERTXT2 (Text)
- 55. Bicycling machine exercise
- 56. Rowing machine exercise
- 99. Refused (Go to smoke100)

If EXERACT2 EQ JOG, RUN, SWIM, or WALK go to EXERDIS2 If EXERACT2 NE JOG, RUN, SWIM, or WALK go to EXEROFT2

EXERDIS2 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) (not formatted)

# 51. How far did you usually JOG|RUN|SWIM|WALK?

EXAMPLE: one half mile is coded as 0.5 1 mile is coded as 1.0

\_\_\_ Enter distance (verify if GT 8 miles) 777. Don't Know/ Not Sure

999. Refused

17

### EXEROFT2 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11) Type III

### 52. How many times per WEEK or per MONTH did you take part in this activity?

1xx = enter #times a week (verify if GT 107) 2xx = enter #times a month (verify if GT 230)

777. Don't Know / Not Sure

999. Refused

EXERHMM2 (CDC-RC00; YR2k Obj. 1.3/1.4/15.11)

(not formatted)

# 53. And when you took part in this activity, for how many minutes or hours did you usually keep at it?

EXAMPLE: for 30 MINUTES ENTER 30 for AN HOUR AND A HALF ENTER 130)

\_\_\_ ENTER HOURS/MINUTES OR MINUTES ONLY (verify if GT 530)

7777.Don't Know / Not Sure 9999.Refused

## Now I would like to ask you a few questions about cigarette smoking ...

SMOKE100 (CDC-C, Q7.1; YR2k 3.4/15.12/16.6) YESNO.

54. Have you smoked at least 100 cigarettes in your entire life?

5 packs = 100 cigarettes

1. Yes

2. No (Go to SMKELSE2)

7. Don't know/Not sure (Go to SMKELSE2) 9. Refused (Go to SMKELSE2)

SMKEVDA2 (CDC-C, Q7.2)

EVDAY.

### 55. Do you now smoke cigarettes everyday, some days, or not at all?

Everyday
 Somedays
 Not at all
 Go to SMCKENUM)
 (Go to SMK30ANY)
 (Go to SMK30ANY)

9. Refused (Go to SMK30ANY)

SMO 56.	CKENUM (CDC-C, Q7.3)  On the average, about how many cigar  (1 pack = 20 cigarettes)	ettes a day do you now smoke	Type V ?
	Enter Number of cigarettes	(verify if GT 70) (Go to SMKW	/HOLE)
	888. Don't smoke regularly 777. Don't know/Not sure 999. Refused		
SMK3 57.	30ANY (CA-TCS)  Did you smoke ANY cigarettes during t	he past 30 days?	YESNO.
	<ol> <li>Yes</li> <li>No</li> </ol>	(Go to SMKWHOLE)	
	<ol> <li>Don't know/Not sure</li> <li>Refused</li> </ol>	(Go to SMKWHOLE) (Go to SMKWHOLE)	
SMK: 58.	30DAY (CA-TCS, dropped from CDC-C 19 On how many of the past 30 days did y		Type VII
	Enter number of days		
	<ul><li>30. Every day</li><li>77. Don't know</li><li>99. Refused</li></ul>		
IF SM	IKEVDA2 EQ 2 Go to SMK30NUM; ELSE Go To SMK	WHOLE	
SMK3 59.	30NUM (CDC-C, Q7.3a; modified wording)  During the past thirty days, on the days you usually smoke per day?	s that you did smoke, about ho	Type VIII ow many cigarettes did
	Enter number of cigarettes	(verify if GT 70	)
	777. Don't know 999. Refused		
SMK\ 60.	WHOLE (CA-TCS; YR2k Obj. 4.5)  About how old were you when you smo	oked your first whole cigarette	Type VII ?
	Code age in years		
	77. Don't know 99. Refused		

SMUKEVCE	ICN TCCI
SMOKEAGE	10A-1031

Type XI

61. About how old were you when you first started smoking cigarettes fairly regularly?

Code	age	in	vears

- 0. Never smoked regularly
- 77. Don't know
- 99. Refused

5	MKEVDA2	S	MK30ANY	GO	то	
	EQ 1			QUI	T1DY2	
	EQ 2			QUI	TINT	
	EQ3		EQ 1	QUI	TINT	
	EQ3		NE 1	S	MOKREG2	

QUIT1DY2 (CDC-C, Q7.4) STOPSMOK (CDC-C,93) (YR2k Obj. 3.6) YESNO.

62. During the past 12 months, have you quit smoking for 1 day or longer?

Yes (Go to QUITINT)
 No (Go to SMKWAKE)

- 7. Don't know/Not sure (Go to SMKWAKE)
- 9. Refused (Go to SMKWAKE)

QUITINT (CA-TCS) YESNO.

- During the past 12 months, on the days you did not smoke, was this because you were trying to quit smoking?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

SMKWAKE (CA-TCS)

Type XI

64. How soon after you awake in the morning do you usually smoke your first cigarette?

EXAMPLE: for 30 minutes enter 30

for 10 hours and 30 minutes enter 1030

\_\_\_\_\_ Enter hours/minutes or minutes only

0000.Immediately 7777.Don't know

9999.Refused

SMKBRAN2 (CA-TCS, compatible with CATS)

SMKBRAND.

65. What brand do you usually SMOKE?

# Enter the brand below:

<ol> <li>Benson and Hedges</li> <li>Camel</li> <li>Carlton</li> <li>Generic</li> <li>Kent</li> <li>Kool</li> <li>Marlboro</li> <li>Merit</li> <li>More</li> <li>Newport</li> <li>Pall Mall</li> <li>Salem</li> <li>Vantage</li> <li>Virginia Slims</li> <li>Winston</li> <li>American Spirit</li> <li>Austin</li> <li>Basic</li> <li>Belair</li> <li>Bonus Value</li> <li>Bugler</li> <li>Cambridge</li> <li>Chester</li> <li>Chesterfields</li> <li>Dunhill</li> </ol>	27. Doral 28. Eve 29. F & L (Food and Liquor) 30. Harley Davidsons 31. Hope 32. L&M 33. Lucky Strikes 34. Misty 35. Montclair 36. Moore's 37. Now 38. Old Gold 39. Parliaments 40. Players 42. Pure 43. Quality Smoke 44. Raliegh 45. Saratoga 46. Style 47. Summit 48. Tarenton 49. Viceroy 50. True 91. Other(specify)> SMKTXT 77. Don't Know/Not sure 99. Refused
SMKB2TXT 65.5 Please specify the brand or describe the LIKESTOP (CA-TCS) 66. Would you like to stop smoking?	
1. Yes 2. No 7. Don't know/Not sure 9. Refused  QUIT30 (CA-TCS)	YESNO.
<ul><li>67. Are you planning to quit smoking in the r</li><li>1. Yes (Go to SMOKELS)</li></ul>	•
2. No  7. Don't know/Not sure 9. Refused QUIT6 (CA-TCS) 68. Are you contemplating quitting smoking  1. Yes 2. No	YESNO.

- 7. Don't know/Not sure
- 9. Refused

IF SMKEVDA2=3 ASK SMOKREG2; ELSE Go to SMKELSE2

SMOKREG2 (CDC-C, Q7.5; modified wording & response categories) SMOKREGC.

69. About how long has it been since you last smoked cigarettes regularly? (Read only if necessary)

Within the past month (from 0 month to 1 month) Within the past 3 months (more than 1 month to 3 months) 2. 3. Within the past 6 months (more than 3 months to 6 months) 4. Within the past year (more than 6 months to 1 year) 5. Within the past 5 years (more than 1 year to 5 years ago) Within the past 15 years (more than 5 years to 15 years ago)

7. 15 or more years ago (15 or more years ago)

77. Don't know/Not sure

88. Never smoked regularly (Do not read) 99. Refused (Do not read)

PUFF (CA-TCS; appears as variables PUFFYR1-PUFFDY1 on final dataset)

Type VII

70. When did you last smoke or have a puff on a cigarette?

INTERVIEWER: Enter 00 if time frame doesn't apply.

Enter 77 if "Don't Know" for that time frame. Enter 99 if "Refused" for that time frame.

YEARS since last smokedPUFFYR1

MONTHS since last smoked PUFFMO1 WEEKS since last smoked PUFFWK1

DAYS since last smoked PUFFDY1

77. Don't know

99. Refused

RETURN12 (CA-TCS)

RETURN.

- 71. Do you think it is likely or unlikely that you will return to smoking in the next 12 months?
  - 1. Likely
  - 2. Unlikely
  - 3. Never a regular smoker
  - 7. Don't know/Not sure
  - 9. Refused

SMKELSE2 (CA-TCS; MODIFIED, YR2k Obj. 3.8)

YESNO.

- 72. Does anyone else living in the household smoke cigarettes now?
  - 1. Yes

2. No (Go to SMKCIGAR)

7. Don't know/Not sure (Go to SMKCIGAR)

9. Refused (Go to SMKCIGAR) SMKELSEN (CA-TCS; YR2k Obj. 3.8) Type VII How many other household members currently smoke? Enter number of household members 77. Don't know/Not Sure 99. Refused SMKCIGAR (CA-TCS) YESNO. Have you ever smoked a cigar, even just a few puffs? (Cigar=large cigar, cigarillo, or small cigar) 1. Yes 2. No (Go to HHRULES2) (Go to HHRULES2) 7. Don't know/Not sure (Go to HHRULES2) 9. Refused WHNCIGAR (CA-TCS) When was the last time you smoked a cigar? (Read Only if Necessary) 1. Within the past month (0 months to 1 month ago) 2. Within the past 3 months (More than 1 months to 3 months ago) (Go to HHRULES2) 3. Within the past 6 months (More than 3 months to 6 months ago) (Go to HHRULES2) (More than 6 months to 12 months ago) 4. Within the past year (Go to HHRULES2) 5. Within the past 5 years (More than 1 year to 5 years ago) (Go to HHRULES2) 6. Within the past 15 years (More than 5 years to 15 years ago) (Go to HHRULES2) 7. 15 or more years ago (Go to HHRULES2) 77.Don't know/not sure (Go to HHRULES2) 99.Refused (Go to HHRULES2)

<b>OFTCI</b>	CAR	$(C \Delta - T)$	(CC)
	GAN I	(CA-1	CO.

- 76. In the past month, did you smoke cigars everyday, several times per week, once per week, or less than once per week?
- 1. Everyday
- 2. Several times per week
- 3. Once per week
- 4. Less than once per week
- 7. Don't know/Not sure
- 9. Refused

HHRULES2 (CA-TCS, YR2k Obj. 3.8)

HHRULES.

- 77. What are the smoking rules or restrictions in your household, if any? Would you say smoking is completely prohibited, smoking is generally prohibited with few exceptions, smoking is allowed in some rooms only, or there are no restrictions on smoking?
  - 1. Smoking is completely prohibited

[Go to HHEVER]

- 2. Smoking is generally prohibited with few exceptions
- 3. Smoking is allowed in some rooms only

[Go to HHEVER]

- 4. There are no restrictions on smoking
- 5. Other (specify) -----> HHTXT
- 77. Don't know/Not sure
- 99. Refused

HHALLOW (CA-TCS, NEW)

YESNO.

- 78. Is any smoking ever allowed inside your home?
  - 1. Yes
  - 2. No

7.Don't know/Not sure

9.Refused

HHEVER(CA-TCS, NEW - YR2k Obj. 3.8)

YESNO.

- 79. Does anyone ever smoke inside your home?
  - 1. Yes
  - 2. No

7.Don't know/Not sure

9.Refused

These next questions are about the foods you usually eat or drink. Please tell me how often you eat or drink each one, for example, twice a week, three times a month and so forth. Remember I am only interested in the foods YOU eat. Include all foods you eat, both at home and away from home.

```
JUICE94 (CDC-RC00)
                                                                            Type X
80. How often do you drink fruit juices such as orange, grapefruit or tomato?
      101-105 = times per day 301-375 = times per month
      201-221 = times per week 401-499 = times per year
      1xx. Enter times per day
                                                             (verify if GT 105)
      2xx. Enter times per week
                                                             (verify if GT 238)
      3xx. Enter times per month
      4xx. Enter times per year
      555. Never
      777. Don't know / Not sure
      999. Refused
FRUIT94 (CDC-RC00)
                                                                            Type X
     Not counting juice, how often do you eat fruit?
      101-105 = times per day 301-375 = times per month
      201-221 = times per week 401-499 = times per year
      1xx. Enter times per day
                                                             (verify if GT 105)
      2xx. Enter times per week
                                                             (verify if GT 238)
      3xx. Enter times per month
      4xx. Enter times per year
      555. Never
      777. Don't know / Not sure
      999. Refused
SALAD (CDC-RC00)
                                                                            Type X
     How often do you eat green salad?
      101-105 = times per day 301-375 = times per month
      201-221 = times per week 401-499 = times per year
      1xx. Enter times per day
                                                             (verify if GT 105)
      2xx. Enter times per week
                                                             (verify if GT 238)
      3xx. Enter times per month
      4xx. Enter times per year
      555. Never
      777. Don't know / Not sure
      999. Refused
```

### POTATOES (CDC-RC00)

Type X

83. How often do you eat potatoes not including french fries, fried potatoes or potato chips?

101-105 = times per day 301-375 = times per month 201-221 = times per week 401-499 = times per year

1xx. Enter times per day(verify if GT 105)2xx. Enter times per week(verify if GT 238)

3xx. Enter times per month4xx. Enter times per year

555. Never

777. Don't know / Not sure

999. Refused

CARROTS (CDC-RC00)

Type X

84. How often do you eat carrots?

101-105 = times per day 301-375 = times per month 201-221 = times per week 401-499 = times per year

1xx. Enter times per day(verify if GT 105)2xx. Enter times per week(verify if GT 238)

3xx. Enter times per month 4xx. Enter times per year

555. Never

777. Don't know / Not sure

999. Refused

VEG90 (CDC-RC00)

Type X

85. Not counting carrots, potatoes or salad, how many SERVINGS of vegetables do you usually eat?

101-110 = # servings per day 301-399 = # servings per month 201-299 = # servings per week 401-499 = # servings per year

1xx. Enter number servings per day (verify if GT 105)

2xx. Enter number servings per week (verify if GT 238)

3xx. Enter number servings per month

4xx. Enter number servings per year

555. Never

777. Don't know / Not sure

999. Refused

SPROUT (NEW CA-DISB)

Type X

86. How often do you eat sprouts such as alfalfa or clover sprouts, for example in deli sandwiches or in salads? (Do not include bean sprouts)

101-105 = times per day 301-375 = times per month 201-221 = times per week 401-499 = times per year

1xx = Enter times per dayVerify if GT 1052xx = Enter times per weekVerify if GT 221

3xx = Enter times per month 4xx = Enter times per year

555. Never

777. Don't know/not sure

999. Refused

**RAWEGGS (NEW CA-DISB)** 

Type X

87. How often do you eat raw fresh eggs or soft-cooked fresh eggs, such as scrambled eggs, French toast, or sunny-side-up eggs with runny yolks, or use raw eggs in a blended drink?

101-105 = times per day 301-375 = times per month 201-221 = times per week 401-499 = times per year

1xx = Enter times per dayVerify if GT 1052xx = Enter times per weekVerify if GT 221

3xx = Enter times per month 4xx = Enter times per year

556. Never

777. Don't know/not sure

999. Refused

YESNO.

88. Are you now trying to lose weight?

1. Yes (Go to FEWCAL2)

2. No

LOSEWT (CDC-RC00)

7. Don't know/ Not sure

9. Refused

KEEPWT (CDC-RC00)

YESNO.

89. Are you now trying to maintain your current weight, that is to keep from gaining weight?

1. Yes

2. No (Go to WTADVICE)

7. Don't know/Not sure (Go to WTADVICE)

9. Refused (Go to WTADVICE)

FEWCAL2 (CDC-RC00)

FEWCAL.

90. (If LOSEWT = 1 ask:) Are you eating either fewer calories or less fat to lose weight?

(If KEEPWT = 1 ask:) Are you eating either fewer calories or less fat to keep from gaining weight? (INTERVIEWER: PROBE TO FIND OUT WHICH OPTION IS MOST APPROPRIATE)

- 1. Yes, fewer calories
- 2. Yes, less fat
- 3. Yes, fewer calories and less fat
- 4. No
- 7. Don't know/ Not sure
- Refused

### PHYACT94 (CDC-RC00)

YESNO.

- 91. (If LOSEWT = 1 ask:) Are you using physical activity or exercise to lose weight?

  (If KEEPWT = 1 ask:) Are you using physical activity or exercise to keep from gaining weight?
  - 1. Yes
  - 2. No
  - 7. Don't know/ Not sure
  - 9. Refused

### WTADVICE (CDC-RC00)

WTADV.

- 92. In the past 12 months, has a doctor, nurse, or other health professional given you advice about your weight? (INTERVIEWER: PROBE FOR WHETHER ADVICE WAS TO GAIN WEIGHT, TO LOSE WEIGHT, OR TO MAINTAIN THE SAME WEIGHT)
- 1. Yes, lose weight
- 2. Yes, gain weight
- 3. Yes, maintain current weight
- 4. No
- 7. Don't know/ Not sure
- 9. Refused

### PREVADV (CA-UCB, becomes PREVEXER-PREVSTD)

YN.

93. In the last three years, has your physician or other health professional discussed any of the following health education topics with you?

(Please read:)

`	•	Yes	No	DK	RF			
A.	Exercise		1	2	7	9	PREVEXER	
B.	Nutrition or Diet		1	2	7	9	PREVDIET	
C.	Smoking		1	2	7	9	PREVSMK	
D.	Gun Safety		1	2	7	9	PREVGUN	
E.	Alcohol		1	2	7	9	PREVALC	
F.	Sexually Transmitted Disease or HI	V		1	2	7	9 PREVST	)

### PREVPRG2 (CA-UCB-modified)

PREVPRG.

94. A health improvement program helps you to change your health behaviors such as stop smoking,

lose weight, reduce stress, or increase physical activity. Did you participate in any health improvement program in 1999 offered through your MAIN employer, your health plan and/or a community group?

(If yes, mark all that apply.)

- 1. Yes, through my main employer
- 2. Yes, through my health plan
- 3. Yes, through a community organization or group
- 4. No
- 7. Don't know/Not sure
- 9. Refused

AGE (CDC-C) (modified wording)

(various formats)

95. How old were you on your last birthday?

Enter age in years

7. Don't know/Not sure (Go to REF\_DEMO)

9. Refused (Go to REF\_DEMO)

HISPANIC (CDC-C, modified wording and order)

YESNO.

96. Are you of HISPANIC ORIGIN such as Mexican American, Latin American, Puerto Rican or Cuban?

- 1. Yes
- 2. No
- 7. Don't know/Not sure (Go to REF DEMO)
- 9. Refused (Go to REF\_DEMO)

ORACE2 (CDC-C, 95--expanded response categories)

ORACEB.

97. What is your race? Would you say: White, Black, Asian, Pacific Islander, American Indian, Alaska Native, or Other?

White (Go to MARITAL)
 Black (Go to MARITAL)
 Asian (Go to ORACE2A)
 Pacific Islander (Go to ORACE2A)

5. American Indian, Alaska Native (Go to MARITAL)

6. Other: (specify) -----> ORACETXT (Recoded, not retained) (Go to MARITAL)

7. Don't know/Not sure (Go to REF DEMO)

9. Refused (Go to REF\_DEMO)

ORACE2A (CA) ORACE2A.

- 98. Are you Chinese, Japanese, Korean, Filipino, or Other?
  - 1. Chinese
  - 2. Japanese
  - 3. Korean
  - 4. Filipino
  - 6. Other: (specify) -----> ORACTXT2 (Recoded, not retained)
  - 7. Don't know/Not sure
  - 9. Refused

REF DEMO ORACE2A.

Our data analysis is based on several factors --- and AGE/ETHNICITY/RACE is one of the most important. You have already invested several minutes providing extremely important and useful data for this study. Also, please remember that your answers are confidential and will not be revealed to anyone. Would you be willing to tell me your AGE/ETHNICITY/RACE now?

MARITAL (CDC-C) MARITAL.

- 99. Are you: Married, Divorced, Widowed, Separated, Never been married, or a member of an unmarried couple?
  - 1. Married
  - 2. Divorced
  - 3. Widowed
  - 4. Separated
  - 5. Never been married
  - 6. A member of an unmarried couple
  - 9. Refused

CHILD18 (CA) Type VII

100. How many children or youths under age 18 live in this household?

Enter Number of children

88. None (Go to EDUCA)
99. Refused (Go to EDUCA)

CHILDAGE (CA-TCS Previously CHILD1-CHILD9) Type VII 101. (If CHILD18=1, ask:) How old is the child? (If CHILD18 GT 1, ask:) How old are the children? Beginning with the youngest... INTERVIEWER NOTE: List the ages of all children in the household from youngest to oldest. If child is less than one year old then age = 1.0. ENTER WHOLE YEARS ONLY. ROUND FRACTIONS UP. EXAMPLE: 3.0 {In this household there is one 3 year-old (.0 suffix), two 5 year-olds (.1=younger 5.1 5 year old, .2=older 5 year old) and one 13 year old (.0 suffix)} 5.2 13.0 Youths = AGE OF YOUNGEST CHILD CHILD1 AGE OF SECOND YOUNGEST CHILD CHILD2 AGE OF THIRD YOUNGEST CHILD CHILD3 \_\_\_\_ AGE OF FOURTH youngest child CHILD4 Age of fifth youngest child CHILD5 Age of sixth youngest child CHILD6 \_\_ Age of seventh youngest child CHILD7 \_\_\_ Age of eighth youngest child CHILD8 \_\_\_ Age of ninth youngest child CHILD9 Age of tenth youngest child 77 Don't know 99 Refused EDUCA (CDC-C, response categories are from 1992) EDUCA. 102. What is the highest grade or year of school you completed? (Read Only if Necessary) 1. Eighth grade or less 2. Some high school (grades 9-11) Grade 12 or GED certificate 3. (High school graduate)

- 4. Some technical school
- 5. Technical School Graduate
- 6. Some College
- 7. College graduate
- 8. Post graduate or professional degree
- 88. NA/ Never attended school or only kindergarten
- 9. Refused

EMPLOY2 (CDC-C) EMPLOYA.

103. Are you currently: Employed for wages, Self-employed, Out of work for more than 1 year, Out of work for less than 1 year, Homemaker, Student, Retired, or Unable to work?

1. Employed for wages

2. Self-employed

Out of work for more than 1 year
 Out of work for less than 1 year
 Homemaker
 (Go to DRIVECAR)
 (Go to DRIVECAR)

Homemaker
 Student
 Retired
 Unable to work
 Refused
 Go to DRIVECAR)
 (Go to DRIVECAR)
 (Go to DRIVECAR)
 (Go to DRIVECAR)

FIRMSIZ2 (CA-UCB, modified answer)

TYPE I.

(If EMPLOY2=1 then ask:)

104. Counting ALL of the locations where your MAIN employer operates, about how many people, including part-time employees, work for your employer? (Your best guess is fine.)

(If EMPLOY2=2 then ask:)

Counting ALL of the locations where your business operates, about how many people, including parttime employees, work for your business? (Your best guess is fine.)

\_\_\_\_ number of employees

- 77. Don't know
- 99. Refused

DRIVECAR (CA-EPIC-NEW)

105. In an average week, how many days do you drive a car or other motor vehicle on the road?

\_\_ \_ Number of days

77. Don't Know/Not Sure

99. RF

HHSIZE (CA) \*\*\* Calculated variable do not ask \*\*\* (not formatted) 106. Household size. ((NUMADULT-NHHADULT)+CHILD18)

INCOM94 (CDC-C wording retained from previous years)

INCOMEB.

- 107. Which of the following categories best describes your annual household income from all sources? Less than \$10,000; \$10,000 to less than \$15,000; \$15,000 to less than \$20,000; \$20,000 to less than \$25,000; \$25,000 to less than \$35,000; \$35,000 to less than \$50,000; \$50,000 to \$75,000; or over \$75,000?
  - 1. Less than \$10,000
  - 2. \$10,000 to less than \$15,000
  - 3. \$15,000 to less than \$20,000
  - 4. \$20,000 to less than \$25,000
  - 5. \$25,000 to less than \$35,000
  - 6. \$35,000 to less than \$50,000
  - 7. \$50,000 to \$75,000
  - 8. Over \$75,000
  - 77. Don't know/Not sure
  - 99. Refused

Find the point on the table where HHSIZE and INCOM94 intersect.

If there is a table value and the table value is LT the "less than" value of the response to INCOM94, go to THRESH99.

THRESH99(CA) YESNO.

108. Is your annual household income above \_\_\_\_\_\_ (table look up for income and household size)? (This is an income threshold used for statistical purposes.)

- 1. Yes 7. Don't know/Not sure
- 2. No 9. Refused

INCOM94 =	1 2	3	4	5	6	7	8
HHSIZE= 1	8,240	16,480	24,72	.0			
(Household 2	11,060		22,120	33,18	80		
Size) 3	13,880		27,	760	41,640		
4	16,700		33,40	0	50,100	)	
5	19,520			39,04	10 5	8,560	)
6		22,340		44,68	80 67,02	20	
7			25,1	60	50,	320	75,489
8		2	27,980		55,960	83,9	940
9		3	30,800		61,600	92,4	400
10			33,620		67,240	100	),860
11				36,440	72,880	109	9,320
12				39,260	,	78,52	0/117,780
13				42,080			84,160/126,240

(100% and 200% of Federal Poverty Line; From: Federal Register, Mar 18, 1999)

### MILITARY (CDC-Emerging core)

YESNO.

109. Have you ever served on active duty in the United States Armed Forces, either in the regular military or in a National Guard or military reserve unit?

1. Yes

2. No (Go to WEIGHT)

7. Don't know/Not sure (Go to WEIGHT)
9. Refused (Go to WEIGHT)

MILSTAT (CDC-Emerging core)

110. Which of the following best describes your current military status? Are you: Currently on active duty, currently in the reserves or no longer in military service?

- 1. Currently on active duty
- 2. Currently in reserves
- 3. No longer in military service
- 7. Don't know/Not sure (do not read)
- 9. Refused (do not read)

# VAHOSP (CDC-Emerging core)

#### In the past 12 months have you received some or all of your health care from VA facilities? 111.

	wh	

- Yes, all of my health care
   Yes, some of my health care
   No, no VA health care received
- 7. Don't know/not sure
- 9. Refused

999. Refused

	HT (CDC-C)  About how much do you weigh without sh	(not formatted)
	Round fractions up	
	Enter weight in whole pounds	(verify if Less Than 80 or Greater Than 350)
	777. Don't know/Not sure 999. Refused	
LIKEV 113.	VT  How much would you like to weigh?  Round fractions up	
	Enter weight in whole pounds	(verify if Less Than 80 or Greater Than 350)
	777. Don't know/Not sure 999. Refused	
	HT (CDC-C)  About how tall are you without shoes?	(not formatted)
	Round fractions down	
	Enter height in feet and inches (Ex. 5 feet 11 inches = 511)	
	Enter height	(verify if less than 408 or greater than 608)
	777 Don't know/Not sure	

# COUNTY1 (CDC-C) COUNTYA.

# 115. What county do you live in?

001.	ALAMEDA	041.	MARIN	081.	SAN MATEO
003.	ALPINE	043.	MARIPOSA	083.	SANTA BARBARA
005.	AMADOR	045.	MENDOCINO	085.	SANTA CLARA
007.	BUTTE	047.	MERCED	087.	SANTA CRUZ
009.	CALAVERAS	049.	MODOC	089.	SHASTA
011.	COLUSA	051.	MONO	091.	SIERRA
013.	CONTRA COSTA	053.	MONTEREY	093.	SISKIYOU
015.	DEL NORTE	055.	NAPA	095.	SOLANO
017.	EL DORADO	057.	NEVADA	097.	SONOMA
019.	FRESNO	059.	ORANGE	099.	STANISLAUS
021.	GLENN	061.	PLACER	101.	SUTTER
023.	HUMBOLDT	063.	PLUMAS	103.	TEHAMA
025.	IMPERIAL	065.	RIVERSIDE	105.	TRINITY
027.	INYO	067.	SACRAMENTO	107.	TULARE
029.	KERN	069.	SAN BENITO	109.	TUOLUMNE
031.	KINGS	071.	SAN BERNARDINO	111.	VENTURA
033.	LAKE	073.	SAN DIEGO	113.	YOLO
035.	LASSEN	075.	SAN FRANCISCO	115.	YUBA
037.	LOS ANGELES	077.	SAN JOAQUIN	777.	Don't Know/Not Sure
039.	MADERA	079.	SAN L OBISPO	999.	Refused

### NUMHOLD (CDC-C)

YESNO.

### 116. Do you have more than one telephone number in your household?

1. Yes

2. No (Go to ZIPCODE)

7. Don't know (Go to ZIPCODE)
9. Refused (Go to ZIPCODE)

### NUMPHON2 (CDC-C)

(not formatted)

117. How many residential telephone numbers do you have? (exclude dedicated for computer lines) (8 = 8 or more)

- 1. One
- 2. Two
- 3. Three
- 4. Four
- 5. Five
- 6. Six
- 7. Seven
- 8. Eight
- 9. Refused

ZIPCODE (CA) (not formatted)

118. What is your zip code?

Enter the five digit number

77777 Don't know/Not sure

99999 Refused

IF SEX=1 Go to AIDSGRD4

HADMAM (CDC-C, modified lead-in) (Note: asked of all women)

YESNO.

119. I would like to ask you a few questions about a medical exam called a mammogram. A mammogram is an x-ray of the breast to check for cancer and involves pressing the breast between 2 plastic plates. Have you ever had a mammogram?

1. Yes

2. No (Go to HADCBE)

7. Don't know/Not sure (Go to HADCBE) 9. Refused (Go to HADCBE)

HOWLONG2 (CDC-C)

HOWLNGC.

120. How long has it been since you had your last mammogram?

(Read only if necessary)

Within the past year (more than 0 years to 1 year)
 Within the past 2 years (more than 1 year to 2 years)
 Within the past 3 years (more than 2 years to 3 years)
 Within the past 5 years (more than 3 years to 5 years)

- 5. More than 5 years ago
- 7. Don't know/Not sure
- 9. Refused

WHYDONE (CDC-C)

WHYDONE.

- 121. Was your last mammogram done as part of a routine checkup, because of a breast problem, or because you've already had breast cancer?
  - 1. Routine checkup
  - 2. Breast problem
  - 3. Had breast cancer
  - 7. Don't know/Not sure
  - 9. Refused

HADCBE (CDC-C) YESNO.

122. A clinical breast exam is when a doctor, nurse, or other health professional feels the breast for lumps. Have you ever had a clinical breast exam?

1. Yes

2. No (Go to HADPAP)

7. Don't know/Not sure (Go to HADPAP)
9. Refused (Go to HADPAP)

WHENCBE (CDC-C) HOWLNGC.

123. How long has it been since your last breast exam?

(Read only if necessary)

Within the past year
 Within the past 2 years
 Within the past 3 years
 Within the past 3 years
 Within the past 5 years
 (more than 0 years to 1 years)
 (more than 2 years to 3 years)
 (more than 3 years to 5 years)

5. More than 5 years ago

- 7. Don't know/Not sure
- 9. Refused

WHYCBE (CDC-C) WHYCBE.

- 124. Was your last breast exam done as part of a routine checkup, because of a breast problem, or because you've already had breast cancer?
  - 1. Routine Checkup
  - 2. Breast problem
  - 3. Had breast cancer
  - 7. Don't know/Not sure
  - 9. Refused

HADPAP (CDC-C, modified lead-in)

YESNO.

125. A Pap smear is a test where material is taken from the cervix, that is the mouth of the womb, to see if any cancer cells are present.

# Have you ever had a Pap smear?

1. Yes

2. No (Go to HYSTER2)

7. Don't know/Not sure (Go to HYSTER2) 9. Refused (Go to HYSTER2) WHENPAP2 (CDC-C)

HOWLNGB.

## 126. How long has it been since you had your last Pap smear?

(Read only if necessary)

Within the past year (more than 0 years to 1 year)
 Within the past 2 years (more than 1 year to 2 years)
 Within the past 3 years (more than 2 years to 3 years)
 Within the past 5 years (more than 3 years to 5 years)

- 5. More than 5 years ago
- 7. Don't know/Not sure
- 9. Refused

WHYPAP (CDC-C, modified wording)

WHYPAP.

- 127. Was your last Pap smear done as part of a routine exam, or to check a problem, or for some other reason?
  - 1. Routine exam
  - 2. Check problem
  - 3. Other
  - 7. Don't know/Not sure
  - 9. Refused

HYSTER2 (CDC-C)

YESNO.

- 128. Have you had a hysterectomy (that is, an operation to remove the uterus/womb)?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

## If AGE GE 40 go to EVEREST ELSE go to AIDSGRD4

Some women take estrogen for menopause or "the change of life".

EVEREST (CA-PHCA- FROM 1999 CWHS)

YESNO.

- 129. Have you ever taken estrogen for menopause or "the change of life"? (Examples include Premarin, Estrace, Estraderm, and Estratab)
  - 1. Yes

2. No (Go to PREGNANT)

7. Don't Know/Not sure (Go to PREGNANT)
9. Refused (Go to PREGNANT)

## ESTROHR3 (CMRI) NEW(CA-PHCA- FROM 1999 CWHS)

YESNO.

130. Are you currently taking estrogen for menopause or "the change of life"?

- 1. Yes
- 2. No.
- 7. Don't Know/Not sure
- 9. Refused

IF AGE LT 45 go to PREGNANT IF AGE GE 45 go to AIDSGRD4

PREGNANT (CDC-C)

YESNO.

131. To your knowledge, are you now pregnant?

school about HIV infection and AIDS?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

IF AGE LT 65 go to AIDSGRD4 IF AGE GE 65 go to WHENDNT2

The next few questions are about HIV, the virus that causes AIDS. Please remember that your answers are strictly confidential and that you don't have to answer every question if you don't want to.

AIDSGRD4 (CDC-C)

Type XXI.

132. If you had a child in school, at what grade do you think he or she should begin receiving education in

\_\_ Enter grade

- 55. Kindergarten
- 88. Never
- 77. Don't know
- 99. Refused

CONDUSE2 (CDC-C)

CONDUS.

- 133. If you had a teenager who was sexually active, would you encourage him or her to use a condom?
  - 1. Yes
  - 2. No
  - 3. Would give other advice
  - 7. Don't know/Not sure
  - Refused

GETAIDS2 (CDC-C) GETAIDS. 134. What are your chances of getting infected with HIV, the virus that causes AIDS? Would you say: High, Medium, Low, or None? 1. High Medium 2. 3. Low 4. None 5. Not applicable (GO TO TSTBLYR2) Don't know/Not sure 7. Refused 9. AIDSDON (CDC-C) YESNO. 135. Have you donated blood since March 1985? 1. Yes 2. No (Go to AIDSTST5) 7. Don't know (Go to AIDSTST5) 9. Refused (Go to AIDSTST5) DONBLD12 (CDC-C) YESNO. 136. Have you donated blood in the past 12 months? 1. Yes 2. No 7. Don't know/Not sure Refused 9. AIDSTST4 (CDC-C) YESNO. 137. Except for tests you may have had as part of blood donations, have you ever been tested for HIV? (Include saliva tests). 1. Yes (Go to TSTBLYR1) 2. No (Go to STDWHR) Don't know/Not sure (Go to STDWHR) 7. 9. Refused (Go to STDWHR) AIDSTST5 (CDC-C) YESNO.

138. Have you ever been tested for HIV? (Include saliva tests).

9.

Refused

1. Yes (Go to TSTBLYR2) 2. No (Go to STDWHR) 7. (Go to STDWHR) Don't know/Not sure (Go to STDWHR)

TSTBLYR1 (CDC-C) 139. Not including your blood donations, have you been tested for HIV in the past 12 months? (Include saliva tests).

YESNO.

Yes (Go to REASTST3)
 No (Go to STDWHR)

7. Don't know/Not sure (Go to STDWHR)
9. Refused (Go to STDWHR)

TSTBLYR2 (CDC-C)

YESNO.

140. Have you been tested for HIV in the past 12 months? (Include saliva tests).

Yes (Go to REASTST3)
 No (Go to STDWHR)

7. Don't know/Not sure (Go to STDWHR) 9. Refused (Go to STDWHR)

# REASTST3 (CDC-C)

REASTEST.

141. What was the main reason you had your last test for HIV? (Read only if necessary)

- 1. For hospitalization or surgical procedure
- 2. To apply for health insurance
- 3. To apply for life insurance
- 4. For employment
- 5. To apply for a marriage license
- 6. For military induction or military service
- 7. For immigration
- 8. Just to find out if you were infected
- 9. Because of referral by a doctor
- 10. Because of pregnancy
- 11. Referred by your sex partner
- 12. Because it was part of a blood donation process (Go to STDWHR)
- 13. For routine checkup
- 14. Because of occupational exposure
- 15. Because of illness
- 16. Because I am at risk for HIV

77. Don't know/Not sure (Don't Read)

87. Other reason

99. Refused (Don't Read)

# WHERTST4 (CDC-C)

#### WHERETST.

#### 142. Where did you have your last test for HIV?

(Read only if necessary)

1. Private doctor, HMO

Blood bank, plasma center,

Red Cross

3. Health department

4. AIDS clinic, counseling, testing site

5. Hospital, emergency room, outpatient clinic

6. Family planning clinic

7. Prenatal clinic/obstetrician's office 18. At home, using self-sampling kit

8. Tuberculosis clinic

9. STD clinic

10. Community health clinic

11. Clinic run by employer

12. Insurance company clinic

13. Other public clinic

14. Drug treatment facility

15. Military induction or military service site

16. Immigration site

17. At home, home visit by nurse or health worker

19. In jail or prison

77. Don't know/Not sure (Don't read)

87. Other

99. Refused (Don't read)

#### TSTRESLT (CDC-C)

YESNO.

143. Did you receive the results of your last test?

1. Yes

No
 Go to STDWHR)
 Don't know
 Refused
 Go to STDWHR)
 (Go to STDWHR)

COUNSEL3 (CDC-C)

YESNO.

144. Did you receive counseling or talk with a health care professional about the results of your test?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

I would now like to ask you some questions about sexually transmitted diseases. Please remember that all your answers are confidential.

ASK IF AGE<=44 ELSE GO TO FLUSHOT2

STDWHR (CA-STD-NEW)

145. If you thought that you had a sexually transmitted disease or if you were told you had been exposed to a sexually transmitted disease, where would you go for treatment? (Read first 4 response categories only)

- 1. Regular primary care doctor or clinic
- 2. Public clinic or Community clinic
- 3. Emergency room or Urgent care clinic
- 4. Family Planning clinic
- 5. Other (specify)

6. No place (would not go for treatment) (Go to CHLAMTST)
77. Don't know (Go to CHLAMTST)
88. NA (refused module) (Go to CHLAMTST)
99. Refused (refused question) (Go to CHLAMTST)

OTHWHR (CA-STD NEW)

YESNO.

146. Is this the same place that you would go for treatment if you had an injury or illness?

1. Yes

- 2. No
- 7. Don't know/Not sure
- 9. Refused

#### CHLAMTST (CA-STD NEW)

147. During the past 12 months, have you given a urine sample to get tested for Chlamydia?

- 1. Yes
- 2. No
- 3. Gave a urine sample, but not sure if chlamydia was tested
- 4. Don't know what chlamydia is (Go to HERPYN)
- 7. Don't know/Not sure
- 8. NA (refused module) (go to FLUSHOT)
- 9. Refused (refused question)

Please answer the following two questions with a yes or no response.

CHLAMYN (CA-STD NEW)

YESNO.

148. Do most men who are infected with chlamydia have symptoms?

- 1. Yes
- 2. No
- 3. Don't know what chlamydia is
- 7. Don't know/Not sure
- 9. Refused

HERPYN(CA-STD NEW)

YESNO.

149. Is it possible to get genital herpes from a sex partner when he or she does not have a visible sore?

- 1. Yes
- 2. No
- 3. Don't know what herpes is
- 7. Don't know/Not sure
- 9. Refused

I would now like to ask you a few questions about your dental health.

WHENDNT2 (CDC-DH module, from 95)

WHENDENT.

150. How long has it been since you last visited the dentist or a dental clinic for any reason?

(Read only if necessary)

- 1. Within the past 6 months
- 2. Within the past year
- 3. Within the past 2 years
- 4. Within the past 5 years
- 5. 5 or more years ago
- 6. Never
- 7. Don't know/Not sure
- 9. Refused

LOSTEETH (CDC-DH module, from 95)

LOSTETH.

151. How many of your permanent teeth have been removed because of tooth decay or gum disease? Do not include teeth lost for other reasons, such as injury or orthodontics.

(6 month to less than 1 year)

(1 year to less than 2 years)

(2 years to less than 5 years)

- 1. Five or fewer
- 2. 6 or more, but not all
- 3. All

(go to DENTNOGO)

- 4. None
- 7. Don't know/Not sure
- 9. Refused

If "never" to WHENDNT2 or "all" to LOSTEETH, go to DENTNOGO.

DENTCLN WHENDENT.

152. How long has it been since you had your teeth cleaned by a dentist or dental hygienist? (Read only if necessary)

- 1. Within the past year (1 to 12 months ago) (GO TO DENTPLN2)
- 2. Within the past 2 years (more than 1 year to 2 years ago)
- 3. Within the past 5 years (more than 2 years to 5 years ago)
- 4. 5 or more years ago (more than 5 years )
- 7. Don't know/Not sure
- 8. Never
- 9. Refused

## IF WHENDNT2 LE 2 or TETHCLN EQ 1, GO TO DENTPLN2, ELSE CONTINUE

DENTNOGO (CDC-DH module, from 95)

DENTNO.

153. What is the main reason you have not visited the dentist in the last year?

- 1. Fear, apprehension, nervousness, pain, dislike going (or similar response)
- 2. Cost
- 3. Do not have/know a dentist
- 4. Can't get to the office/clinic (too far away, no transportation, no appointments available)
- 5. No reason to go (e.g., no pain, no problems, no teeth)
- 6. Other priorities
- 7. Didn't think of it
- 8. Other
- 77. Don't know/Not sure
- 99. Refused

DENTPLN2 (CDC-mod, from 95)

YESNO.

- 154. Do you have any kind of insurance coverage that pays for some or all of your routine dental care, including dental insurance, prepaid plans such as HMOs (Health Maintenance Organizations), or government plans such as Medi-Cal?
  - 1. Yes
  - 2. No
  - 7. Don't know/Not sure
  - 9. Refused

(If child between ages 8 and 14 then go to SEALANT, else go to FLUSHOT2)

Dental sealants are plastic coatings that are painted on the tops of the back teeth to prevent tooth decay. They are different from fillings, caps, crowns, and fluoride treatments.

SEALANT (CA-DH)

155. Has the child in your household/any of the children in your household ever had dental sealants painted on their teeth?

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

FLUSHOT2 (CDC-CA-IMMUN)

YESNO.

YESNO.

156. During the past 12 months, have you had a flu shot?

1. Yes

No
 Don't Know/Not sure

(Go to PNEUMVAC)

. Don't Know/Not sure

(Go to PNEUMVAC)

Refused (Go to PNEUMVAC)

## FLUPLACE (CDC-CA-IMMUN)

FLUPLACE.

## 157. At what kind of place did you get your last flu shot? (Read only if necessary)

- 1. A doctor's office or health maintenance organization
- 2. A health department or health department clinic [Includes county or local health departments]
- 3. Another type of clinic or health center [Example: a community health center]
- 4. A senior, recreation or community center
- 5. A store [Example: a supermarket or drugstore]
- 6. A hospital or emergency room
- 7. Workplace
- 8. Other (specify)
- 77. Don't Know /Not sure
- 99. Refused

## PNEUMVAC (CDC-IMMUN)

YESNO.

# 158. Have you ever had a pneumonia vaccination?

- 1. Yes
- 2. No
- 7. Don't Know/Not sure
- 9. Refused

## TETANUS (CA-IMMUN)

YESNO.

#### 159. Have you ever had a tetanus shot?

- 1. Yes
- 2. No (Go to ANTIBOD)
- 7. Don't know/Not sure (Go to ANTIBOD)
- 9. Refused (Go to ANTIBOD)

#### WHENTET (CA-IMMUN)

HOWLNGE.

## 160. How long ago did you have your last tetanus shot? (Your best guess is fine.)

(Read if necessary)

- 1. Within the past 10 years (0 years to 10 years)
- 2. Between 10 and 20 years ago (more than 10 years to 20 years)
- 3. More than 20 years ago
- 7. Don't know/Not sure
- 9. Refused

WHY <sup>-</sup> 161.		(CA-IMMUN) you get the shot as part of routi on?	ine care, after an injury, for	WHYTET. travel abroad, or	for some	other
	1. 2. 3. 4. 7. 9.	Routine Care Injury Travel abroad Other (specify) Don't know/Not sure Refused				
	iotics	CA-DISB-NEW) are drugs such as penicillin that a he past 4 weeks, have you taken a		YESNO. cterial infection.		
	1. 2.	Yes No				
	7. 9.	Don't know/Not sure Refused				
		S (CA-DISB-NEW) ou have a blood transfusion before	YESNO.			
	1. 2.	Yes No				
	7. 9.	Don't Know/Not sure Refused				
There	are s	(CA-DISB-NEW) several diseases that affect the live you ever heard of hepatitis C?	er, including hepatitis A, B, and	YESNO. d C.		
	1. 2. 7. 9.	Yes No Don't Know/Not sure Refused	(Go to RESTRIC2) (Go to RESTRIC2) (Go to RESTRIC2)			
TEST	HEPC	C(CA-DISB-NEW)	VESNO			

165. Have you ever been tested for hepatitis C?

Yes
 No (Go to RESTRIC2)

7. Don't Know/Not sure (Go to RESTRIC2) 9. Refused (Go to RESTRIC2)

## REASHEP (CA-DISB-NEW)

#### 166. What was the main reason you had your last test for hepatitis C?

- 1. Referred by a doctor because of an illness or an abnormal liver function test.
- 2. History of drug use
- 3. History of blood transfusion
- 4. History of occupational or job exposure
- 5. Referred by a sex partner / spouse
- 6. Sex partner/spouse Hep C positive
- 7. History of multiple sexual partners
- 8. Tested because they donated blood
- 9. Was worried about it
- 96. Other
- 77. Don't Know/Not Sure
- 99. RF

These next questions are about physical, mental, or emotional problems or limitations you may have in your daily life.

RESTRIC2 (CA- CDCB CDC-QOL Module)

YESNO.

167. Are you limited in any way in any activities because of any impairment or health problem?

- 1. Yes
- 2. No (Go to DAYSPAIN)
- Don't know/Not sure (Go to DAYSPAIN)
   Refused (Go to DAYSPAIN)

MAJRPROB ((CA- CDCB CDC-QOL Module)

MAJPRBB.

168. What is the MAJOR impairment or health problem that limits your activities?

- (do not read)
  - 1. Arthritis/rheumatism
  - 2. Back or neck problem
  - 3. Fractures, bone/joint injury
  - 4. Walking problem
  - 5. Lung/breathing problem
  - 6. Hearing problem
  - 7. Eye/vision problem
  - 8. Heart problem
- 9. Stroke problem
- 10. Hypertension/high blood pressure
- 11. Diabetes
- 12. Cancer
- 13. Depression/anxiety/emotional problem
- 14. Osteoporosis
- 77. Don't know/Not sure
- 96. Other impairment/problem [ specify ] -----> MPRTXT
- 99. Refused

PROBLONG (CA-CDCB CDC-QOL Module)

Type XXIII

169. For how long have your activities been limited because of your [fill in response from MAJRPROB]?

	201-2	51 = # of weeks 401-499 = # of years
		(Enter time)
	555. 777. 999.	Never Don't know / Not sure Refused
PERSI 170.	Becau	CA- CDCB CDC-QOL Module)  yes of any impairment or health problem, do you need the help of other persons with your ONAL CARE needs, such as eating, bathing, dressing, or getting around the house?
	1. 2.	Yes No
	7. 9.	Don't know/Not sure Refused
RUTNI 171.	Becau your I	(CA- CDCB CDC-QOL Module)  yes of any impairment or health problem, do you need the help of other persons in handling ROUTINE needs, such as everyday household chores, doing necessary business, shopping, g around for other purposes?
	1. 2.	Yes No
	7. 9.	Don't know/Not sure Refused
DAYSI 172.	Durin	CA- CDCB CDC-QOL Module)  Type I  g the past 30 days, for about how many days did pain make it hard for you to do your usual ties, such as self-care, work, or recreation?
		Number of days
	88. 77. 99.	None Don't know/Not sure Refused
DAYS\$ 173.		CA- CDCB CDC-QOL Module)  Type I  g the past 30 days, for about how many days have you felt sad, blue, or depressed?
	88. 77. 99.	Number of days None Don't know/Not sure Refused
DAYS <i>i</i> 174.		CA- CDCB CDC-QOL Module)  Type I  g the past 30 days, for about how many days have you felt worried, tense, or anxious?
		Number of days
	88.	None

or

301-312 = # of months

101-107 = # of days

If "	If "yes" to PERSHELP, continue. Otherwise, go to WHOHELPB					
	77. 99.	Don't know/Not sure Refused				
	88.	None				
		Number of days				
DAYSVIGR (CA- CDCB CDC-QOL Module)  Type I  During the past 30 days, for about how many days have you felt very healthy and full of energy?						
	77. 99.	Don't know/Not sure Refused				
	88.	None				
		Number of days				
175. <b>C</b>	,	CA- CDCB CDC-QOL Module)  Type I  he past 30 days, for about how many days have you felt you did NOT get enough rest or				
	77. 99.	Don't know/Not sure Refused				
	77	Destruction (Alexander)				

WHOHELPA(CA- CDCB CDC-QOL Module)

177. Earlier you reported that due to your impairment you need some assistance from another person with your PERSONAL CARE needs. Who usually helps you with your personal care needs, such as eating, bathing, dressing, or getting around the house? (If a relative that is paid, code appropriate relative)

(Read Only if Necessary)

- 1. Husband/wife/partner
- 2. Parent/son/son-in-law/daughter/daughter-in-law
- 3. Other relative
- 4. Unpaid volunteer
- 5. Paid employee or home health service
- 6. Friend or neighbor
- 7. Combination of family and/or friends
- 8. Other
- 9. No one helps me

(Go to WHOHELPB)

- 77. Don't Know/Not Sure
- 99. Refused

HELPADQ (CA- CDCB CDC-QOL Module)

HELPADQ.

- 178. Is the assistance you receive to meet your personal care needs usually adequate, sometimes adequate or rarely adequate?
  - 1. Usually adequate
  - 2. Sometimes adequate
  - 3. Rarely adequate

- 7. Don't know/Not sure
- 9. Refused

#### If "yes" to RUTNHELP, continue. Otherwise, go to OSTEOHRD

#### WHOHELPB (CA- CDCB CDC-QOL Module)

179. Earlier you reported that due to your impairment you need some assistance from another person with your ROUTINE needs. Who usually helps you with handling your routine needs, such as everyday household chores, shopping, or getting around for other purposes? (If a relative that is paid, code appropriate relative)

(Read Only if Necessary)

- 1. Husband/wife/partner
- 2. Parent/son/son-in-law/daughter/daughter-in-law
- 3. Other relative
- 4. Unpaid volunteer
- 5. Paid employee or home health service
- 6. Friend or neighbor
- 7. Combination of family and/or friends
- 8. Other
- 9. No one helps me

(Go to OSTEOHRD)

- 77. Don't Know/Not Sure
- 99. Refused

## HELPADQB (CA- CDCB CDC-QOL Module)

HELPADQ.

- 180. Is the assistance you receive to meet your routine needs usually adequate, sometimes adequate or rarely adequate?
  - 1. Usually adequate
  - 2. Sometimes adequate
  - 3. Rarely adequate
  - 7. Don't know/Not sure
  - 9. Refused

# OSTEOHRD (CA-PHCA- FROM 2000 CWHS) YESNO. 181. Have you ever heard of osteoporosis? 1. Yes 2. No (GO TO STIFF) 7. Don't know/Not sure (GO TO STIFF) 9. Refused (GO TO STIFF) OSTEOTLK (CA-PHCA- FROM 2000 CWHS) YESNO. 182. Has your doctor or other health professional talked with you about how to prevent osteoporosis or bone loss? 1. Yes 2. No 7. Don't know/Not sure 9. Refused OSTEOTLD (CA-PHCA- FROM 2000 CWHS) YESNO. 183. Have you been told you have osteoporosis or bone loss? 1. Yes 2. No 7. Don't know/Not sure 9. Refused STIFF (CA- CDCB CDC-Arthritis Module) YESNO. 184. During the past 12 months, have you had pain, aching, stiffness or swelling in or around a joint? 1. Yes 2. No (Go to ARTHRITB) 7. Don't know/Not sure (Go to ARTHRITB) 9. Refused (Go to ARTHRITB) SYMPARTH (CA- CDCB CDC-Arthritis Module) YESNO. 185. Were these symptoms present on most days for at least one month? 1. Yes 2. No 7. Don't know/Not sure 9. Refused LIMITJNT (CA- CDCB CDC-Arthritis Module) YESNO. 186. Are you now limited in any way in any activities because of joint symptoms? 1. Yes 2. No 7. Don't know/Not sure 9. Refused ARTHRITB (CA- CDCB CDC-Arthritis Module) YESNO. 187. Have you ever been told by a doctor that you have arthritis?

1. Yes

2. No (Go to FOODILL)

7. Don't know/Not sure (Go to FOODILL)

9. Refused (Go to FOODILL)

ARTHTYPE (CA- CDCB CDC-Arthritis Module)

188. What type of arthritis did the doctor say you have?

(Read Only if Necessary)

	1. 2. 3. 4. 5. 88.	Osteoarthritis/degenera Rheumatism Rheumatoid Arthritis Lyme disease Other [specify] Never saw a doctor	ative arthr	itis					
	Are you cu	Refused  OCB CDC-Arthritis Module  rrently being treated by		r for arthritis?					YESNO.
		_							
	1. Ye 2. No 7. De	er contacted the Arthri	tis Found	lation?					YESNO.
FOODILL (CA-DISB-NEW) (ASKED OF EVERYONE)  Now, I'm going to ask you about foods people commonly eat. For each of the following foods, please tell me if you have heard that the food causes food poisoning, or food borne illness in healthy people. I do not mean illness caused by spoiled food.									
					Yes	No	DK\NS	REF	
191.		a sprouts (such as thouse a sandwiches)?	se served	I	1	2	7	9	FSSPROUT
192.	Fresh eggs	that are cooked but st	ill have a	runny yolk?	1	2	7	9	FSEGGS
193.		B-NEW) ently have any pet rept n your home?	iles (suc	h as snakes, t	urtle	s, or	lizards),		SNO. bhibians (such as

- 1. Yes
- 2. No
- 7. Don't know/Not sure
- 9. Refused

I would like to ask you a few questions about alcohol use. DRNKANY1 (CDC-RC ODD YEARS, CA-ADP-EVEN YEARS) YESNO. 194. During the past month, have you had at least one drink of any alcoholic beverage such as beer, wine, wine coolers, or liquor? 1. Yes 2. No (Go to RIDEDRNK) 7. Don't know/Not sure (Go to RIDEDRNK) Refused 9. (Go to RIDEDRNK) DRKBEER (CA-ADP; module below originally from 1988 CDC-C; YR2k Obi. 4.8) Type II 195. During the past month, how many days per week or per month did you drink any beer? 101-107 = days per week201-231 = days per month\_ Enter Days per week or per month 888. None (Go to DRKWINE) 777. Don't know/Not sure (Go to DRKWINE) 999. Refused (Go to DRKWINE) NBEEROCC (CA-ADP) Type I 196. On the days when you drank beer, about how many BEERS did you drink on the AVERAGE? Enter Number of drinks (One half= .5) (verify if GT 11) 88 None 77. Don't know/Not sure

DRKWINE (CA-ADP)

99. Refused

Type II

197. During the past month, how many days per week or per month did you drink any wine?

101-107 = days per week 201-231 = days per month Enter Days per week or per month

777. Don't know/Not sure (Go to DRKLIQR) 888. Never or none (Go to DRKLIQR) 999. Refused (Go to DRKLIQR)

NWINEOCC (CA-ADP)

Type I

198. On the days when you drank wine, about how many glasses of WINE did you drink on the AVERAGE?

\_\_\_\_ Enter Number of drinks (One half= .5) (verify if GT 11)

88. None

77. Don't know/Not sure

99. Refused

DRKLIQR (CA-ADP) Type II

199. During the past month, how many days per week or per month did you drink any LIQUOR? 101-107 = days per week

	201-	231 = days per month						
	888.	Enter Days per week or per mont Don't know/Not sure Never or none Refused	h	(Go to I	DRINKGE5) DRINKGE5) DRINKGE5)			
		C (CA-ADP) he days when you drank LIQUO	R, about ho	ow man	y DRINKS did		Type I on the AVERA	GE?
		Enter Number of drinks (	One half= .	5)	(verify if GT 11	1)		
	88. 77. 99.	None Don't know/Not sure Refused						
	Cons	(CDC-RC ODD YEARS, CA-AD) sidering all types of alcoholic be ore drinks on an occasion?			ny times during		Type VII t month did you	ı have 5
		Enter Number of times			(verify if GT 15	5)		
	88. 77. 99.	None Don't know/Not sure Refused						
		(CDC-RC ODD YEARS, CA-ADF ng the past month, how many time?			en when you'v		Type VII rhaps too much	ı to
	88. 77. 99.	Enter Number of times None Don't know/Not sure Refused			(verify if GT 15	5)		
RIDEI 203.		( (CA-ADP, CDC-C in 1993)  ng the past month, how many til  ink?	mes have y	ou ridd	en with a drive	Type VI <b>er who h</b> a		too much
	88. 77. 99.	Enter Number of times None Don't know/Not sure Refused			(verify if GT 15	5)		

These next four questions refer to experiences you may or may not have had with alcohol over your entire lifetime. If you have had less than 20 drinks in your life, or you feel that these questions do not apply to you, please tell us and we will move on.

DRKCUT (CA-ADP, CAGE)

YNNAB.

204. Have you EVER felt you ought to cut down on your drinking?

- 1. Yes
- 2. No
- 3. Not Applicable, had less than 20 drinks (Go to YTHSAMP)
- 4. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

#### DRKANOY (CA-ADP, CAGE)

YESNO.

205. Have people EVER annoyed you by criticizing your drinking?

- 1. Yes
- 2. No
- 3. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

# DRKGLTY (CA-ADP, CAGE)

YESNO.

206. Have you EVER felt bad or guilty about your drinking?

- 1. Yes
- 2. No
- 3. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

## DRKMORN (CA-ADP, CAGE)

YESNO.

207. Have you EVER had a drink first thing in the morning to steady your nerves or get rid of a hangover?

- 1. Yes
- 2. No
- 3. Not Applicable, discontinue CAGE module (Go to YTHSAMP)
- 7. Don't know/Not sure
- 9. Refused

PLAN_FUP ( <b>ask if HLTHLIS</b> '	Γ in (1,4,5,8,9,11,19,20,32,39,4	41,51,60,71,73,82,85,86,87,97)
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207. Just to double check, I have one final question about your health care coverage. Could you locate your health care card and read the provider information on the card, please? Do not include your name or policy number.

TYPE RESPONSE AND ASK RESPONDENT TO SPELL THE NAME IF YOU ARE UNFAMILIAR WITH THE PLAN.

If there is at least one child aged 11 through 17 read YTHSAMP; Else go to C	losing Statement.
YTHSAMP	
Your answers indicate that thereis a youth/are youths betwee this household. We would like to interviewthis youth/one of these youth attitudes toward smoking and other issues.	
All answers will be kept confidential. While participation is voluntary, yo of the youth in this survey is very important to the success of our study. for this study?	
Closing statement: That's my last question. Everyone's answers will be combined to give us practices of people in this state. Thank you very much for your time and	
SPANINT (TO INTERVIEWER:) Was this interview completed in English or Spanish?	SPANINT.
1. Spanish	

2.

English